



## NEWSLETTER OF THE ADULT LEARNING PROGRAM

### ALP ANNUAL MEETING

TUESDAY, JUNE 7, 2016, 10:00 a.m.-1:30 p.m.  
HERITAGE HALL, SEABURY, BLOOMFIELD, CT

### KEYNOTE SPEAKER: EDWARD CUMMING

Director of Orchestral Activities and  
Associate Professor of Music, The Hartt School

### *"THE CONDUCTOR: MAESTRO OR TEACHER?"*

Edward Cumming is Director of Orchestral Activities and Associate Professor of Music at The Hartt School. For nine years, he was Music Director of the Hartford Symphony Orchestra, hailed for its remarkable artistic growth during his tenure. His appointment came after a two-year search process involving nearly 300 applicants.

Before coming to Hartford, Cumming was Resident Conductor of the Pittsburgh Symphony. He has taught at colleges all over the country, including Pacific University, California State University (Fullerton), University of South Florida, The Hartt School, and Yale University. During his time in Pittsburgh, he was Music Director of the nationally-acclaimed Pittsburgh Youth Symphony Orchestra, one of only five orchestras invited to the biennial National Youth Orchestra Festival. He was the founding Music Director of the Pacific Symphony Institute, and has also taught at the Orange County High School for the Arts.

In Europe, Mr. Cumming has led orchestras in Spain, the Czech Republic, Northern Ireland, Serbia, and Italy. He has conducted ensembles throughout the United States, in Asia, and in Israel. Last year, he made his South American debut with the Filarmónica de Bogotá.

Mr. Cumming studied at Yale University where he received a Doctorate in Music. As an undergraduate at the University of California at Berkeley, he was awarded the prestigious Eisner Prize for Creative Achievement in the Arts. In May 2010, he received an Honorary Doctorate from Trinity College.

As an orchestra leader, Mr. Cumming has distinguished himself for his remarkable ability to connect directly with listeners.



## AGENDA—ALP ANNUAL MEETING, JUNE 7, 2016

10:00 - 10:30 a.m.	Pre-paid luncheon check-off at table outside Heritage Hall - You <b>must</b> pick -up your luncheon payment sticker	
10:30 - 11:30 a.m.	Keynote speaker	-Heritage Hal
11:30 a.m. - 12:00 noon	Annual Meeting	-Heritage Hall
12:15 - 1:30 p.m.	Luncheon	-Seabury dining room

## PARKING AT THE ANNUAL MEETING

Because of limited parking space at Seabury, we must all park at the Beth Hillel Synagogue just west of Seabury on Wintonbury Avenue. **Please park behind the building.** A Seabury shuttle will be available at three times to fit the day's schedule as follows:

9:30 a.m. until 10:30 a.m.	Synagogue to Seabury for morning events
12 noon	Seabury to synagogue for those not attending the luncheon
1:30 p.m.	Seabury to synagogue at conclusion of the luncheon

## CHIMING IN AT JUNE 7 LUNCHEON

At this year's Annual Meeting luncheon, attendees will be treated to a musical program in the Seabury dining room featuring a group of Seabury residents who organized in 2009 and now call themselves *Chime In!*. This musical activity was started by ALP member Connie Dunham after she discovered that Seabury owned a two-octave set of chimes that were seldom used. To date, over 40 people have participated in Connie's group, many staying in from the beginning. At first each person played just one chime, but gradually selections grew more complicated so two choirs were established with each player using three or four chimes. Over time a third octave of chimes and a few from a fourth octave were added. The Membership Committee welcomes and thanks the *Chime In!* group for sharing their music at the June luncheon.



*An Alphorn band.*

## **ANNUAL ALP LUNCHEON JUNE 7**

Our popular annual luncheon will be served buffet style again this year. The Seabury chef will prepare the menu below and the event will begin at **12:15 pm** Tuesday, June 7 in the Seabury dining room. **Attendees must prepay by May 25**, then pick up their luncheon verification-of-payment stickers on June 7 at tables outside Heritage Hall before the morning speaker and meeting. If attending **only** the luncheon, a verification-of-payment sticker can be obtained outside the dining room starting at 12 noon.

**To make your reservation for lunch, please send your check for \$12.00 per person (payable to ALP) along with your Name/Phone # on this form to the ALP office: (Attn: Bertina Williams) ALP, Hartford County Extension, 1800 Asylum Avenue, West Hartford CT 06117-2600 to arrive by Wednesday, May 25.**

**PLEASE PRINT-** Name(s) \_\_\_\_\_

Phone Number \_\_\_\_\_

### LUNCHEON MENU

**Salad:** Artisan Lettuce, Crumbled Goat Cheese, Pickled Red Onion, Blistered Tomatoes, Honey Balsamic Vinaigrette

**Entrees:** -Grilled Salmon Filet with a Sweet Pineapple Relish  
-Apricot Glazed Chicken Breast with Toasted Almonds  
-Penne Pasta with Broccolini, Roasted Tomatoes, Basil and Garlic  
(Marble Rye Bread)

**Dessert:** Lemon Panna Cotta

### **NEW MEMBERS 2015 – 2016**

Virginia Chagnon	Carolyn Clark	Ann Winship
Ian Clark	Donna Couzens	Tony Stevens
Elise Donabedian	Rozanne Hauser	FayE Smith
Kimball Hunt	Robert Kalinowski	Lawrence Smith
Kenneth Karalis	Diane Mack	Nancy Reed
Louis Mazzotta	Frank McNulty	Sally Sarkissian
Andy Mitchell	Maryjane Peluso	Sandra Morgan
Brenda Pfeiffer	Henry Rempt	Jeffrey Morgan
Joan Smith	Kathy Steinwedell	Marian Moore
Peggy Sullivan	Elaine Wintjen	John Moore
Gemma Baker	Samuel Billings	Paula Lucafo
Sue Dejuan	Paul Fresk	Peter Milliken
Barbara Heubner	Henry Johnson	Cecilia Mickey
Jeanne Johnson	Judith Keppelman	Petra Shearer

## DONORS TO ALP 2015 – 2016

William Howes	Kem Appel	Eleanor Caplan
Mims Butterworth	Donna Cote	Diane Mack
Rachel Markowitz	Faye Smith	Emily Rankin
Larry Smith	Toni Gold	Orlene Spinney
Frances Carpenter	Rozanne Hauser	Lucy Creevey
Florence Havens	Louis Mazzotta	Kiki Eglinton
Eleanor Sulston	Joy Floyd	Joyce Buckingham
Barbara Taylor	Stuart Babcock	Harold Buckingham
Ursula Korzenik	Paula Lucafo	June Johnson
Ingrid Boelhauer	Birch Milliken	Marion Kelliher
Mary Ann Watson	Trudy Lovell	Don Berry
Bernita Sundquist	Ralph Sundquist	John Condron
Pat Zwerling	Steve Zwerling	Petra Shearer
Ann Steele (In memory of Helen Lansberg)		

## THE PASSING OF AN EXTRAORDINARY ALP VOLUNTEER

### Helen Lansberg 1926 - 2016

ALP pays tribute to one of our most beloved and active members who died on February 16, 2016. Helen Lansberg had a long career before joining ALP that spoke of her intelligence, natural curiosity and personal goal to help others. Helen's degrees were from Drew University and Southern Connecticut State University and she did doctoral work at Rutgers University. Helen "officially" retired in 1988 from the Institute of Living in Hartford with the titles Director of the Medical Library and Associate Editor of the Digest of Neurology and Psychiatry. Actually, though, Helen never retired. She continued to work at the Institute as a consultant for almost ten more years and was an early member of ALP, serving our organization in many capacities. At the 2013 Annual Meeting, ALP honored Helen for her many years of service which included President of the Advisory Board, Co-chair of the Curriculum Committee and Editor of the ALP-horn. Recently, when ALP pleaded without success for a volunteer to be the facilitator for the highly popular "Connecticut Forum", Helen stepped forward to save the course from being cancelled. Although busy with her church, Helen served simultaneously on Boards of Directors for organizations committed to family life education and congregate homes. Helen was also a gardener, a potter and an avid reader. Helen will be greatly missed by her many friends in ALP.



## **OUR ALP COMMITTEES**

### ***Highlighting the Membership Committee***

In the last ALP-Horn the ALP *Curriculum Committee* and *Communication Committee* were highlighted. Featured here is the third committee – our *Membership Committee*. What do Membership Committee participants do? They integrate new members, coordinate the welcome and registration process at our twice yearly Preview meetings, find speakers for the Fall and Spring Previews and organize with ALP co-chairs the end-of-year luncheon. The Committee also makes arrangements with Seabury and the Curriculum Committee for the popular annual autumn Social that brings ALPers together for a “meet and greet” event. This year Membership's focus included writing articles with the ALP-Horn newsletter editor/reporter to describe committees, encourage member participation and recognize ALP members and course presenters. Paula Fisher, who will leave the co-chair position this spring after two terms, and Dan Heuer are the current Membership co-chairs. When Dan accepted this position, he echoed others who were motivated to help by saying he would be “giving back to ALP.” ALP is now seeking a co-chair of the Membership Committee to serve with Dan starting in June.

*For information on joining or attending as a guest an ALP committee, leave a message for Bertina Williams at the ALP Office, 860-380-5038 or email [admin@uconnalp.org](mailto:admin@uconnalp.org) to obtain the committee contact person.*

## **FLASH to ALP Members**

### ***We need you***

The calls to fill open positions on the ALP Board starting in June have gone out, and we are pleased to have new volunteers for two co-chair positions with one co-chair left to fill. We must continue to stress to you who attend and enjoy ALP classes to also volunteer as co-chairs and officers – some roles we need to fill each year. We remind members that our bylaws *require* term rotation which has the advantage of highlighting different strengths and getting new ideas and approaches brought forward. Reluctance to “give back” as a volunteer to our unique adult learning organization can put ALP in jeopardy.

ALP has been sustained over our 25-year history by an amazing variety of interesting volunteers who come from many careers: teaching, religion, finance, law, computer technology, business leadership, office management, accounting, news organizations, writing, government, community organization, the arts, education leadership, health careers, etc. Their service obviously benefited ALP, but what did the volunteers gain? Often mentioned: meeting new people, helping the Program, experiencing a sense of accomplishment, enjoying a feeling of community. Finally, ALP is flexible and understands the lives of our retired volunteers – vacation time may break into a schedule, a special event can take precedent, unforeseen situations arise. We work together, so co-chairs take up the slack for each other and committee members step forward to help as needed.

Please think -- or re-think -- about a volunteer commitment to ALP.

## Meet Professor Emeritus Michael Park

*Gwen Sibley*

ALP is extremely fortunate that Dr. Park considers himself as much an educator as a scholar because we have had the opportunity to learn from him for over five years. His latest ALP course, "What it Means to be Human" was an examination of the evolution and behavior of the human species.

Dr. Park attended Indiana University, majoring in Anthropology, and earning his



*Michael Park and his friend  
Charles Darwin.*

B.A. in 1969, his M.A. in 1971 and his Ph.D. in 1979. He started teaching at Central Connecticut State University in 1973, specializing in biological anthropology, human genetics, the human fossil record, evolutionary theory and human osteology. His favorite course to teach was Theories of Human Evolution and Behavior.

He has written six anthropology textbooks as well as one trade book. He is currently working on his seventh book, "The Galapagos: What Darwin Saw.....And Didn't."

When asked about what has changed in the past 40 years in the world of Anthropology, he said technology has changed everything, especially in the area of genetics.

Although now retired from CCSU, Dr. Park continues his talks to schools and public groups on anthropology and various aspects of science. He and his wife (whom he met when she was an editor of his first textbook) have been married 25 years and love to travel. Michael also enjoys reading books for pleasure, music, and working on projects around the house. He and his wife are active in Dog Star Rescue in Canton, taking in rescued dogs from kill shelters and finding them permanent homes.

If you ever want to learn about how "We Stood Upright and Got These Big Brains" (a title of one of his talks from his latest course), plan on attending one of Dr. Park's future seminars – you will be educated, entertained and leave wanting to learn even more. Thank you Dr. Park for contributing your time and knowledge to ALP for all these years.



*Mid-lecture coffee break*



*Registration desk, 2015 Annual Meeting*

## RECOGNIZING OUR RETIRING BOARD MEMBERS

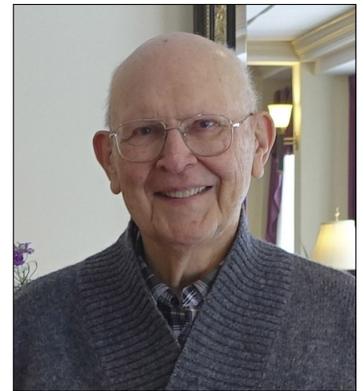
*Gwen Sibley*

With this issue, we are starting an annual tradition of recognizing our retiring Board members. This year we have four members who are leaving the Board – Shirley Dudley, Richard Woodring, Paula Fisher and Ivan Backer.



Shirley Dudley has been working with Ivan, Richard and David Winer as Co-Chairs of the Curriculum Committee since 2012. The Committee has implemented eight semesters of approximately 27-39 courses or a total of 262 courses in a variety of categories. Noreen Channels, with the help of Agnes Pier, Bob Ellis, Bertina Williams and others, provided the Committee with a new database which has brought it into the 21<sup>st</sup> century. Shirley now plans to soak up the stimulating ALP courses in a more leisurely manner.

Richard Woodring had been serving on the Curriculum Committee for two years when he was asked to be a co-chair. Although he didn't understand the committee operation, he quickly made a flow diagram of the many steps required, which helped build the ALP database to reduce the paper work used in the process. He is going to continue teaching ALP courses, drawing upon his 50-year background in engineering education. As he describes it, "I enjoy teaching immensely. It serves as R and R for the old professor."



Paula Fisher is at the end of her second and final term as Co-Chair of the Membership Committee. Her initial reaction was to say "no" to Rose Pollock who approached her to accept the position. However, she also thought, "What if everybody said no?" So Paula decided the right response needed to be "yes" - and Rose did a happy dance! Paula didn't know many ALPers at first, but the co-chair commitment allowed her to meet many new people and enjoy, with them, seeing common goals fulfilled.

Shortly after retirement, Ivan Backer began his long relationship with ALP in 1996, joining the Curriculum Committee – for 20 years. He was also Co-Chair of the Curriculum Committee for two terms and was ALP's Co-Chair for 5 years. He also facilitated a variety of ALP courses, until he started working on his memoir.

Ivan urges ALPers to consider discovering the satisfaction of volunteering on a Committee, thereby guaranteeing the continuation of the courses we all enjoy. As he puts it, "It has been my joy through ALP activities to get to know many of the interesting people who make up this unique organization."



**We thank you all for your dedication and service to ALP!**

**ALP: ADULT LEARNING  
PROGRAM**

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**What Is ALP?**

ALP is a participatory organization, directed by its volunteer members, open to adults interested in academic learning. Members design and lead programs on a variety of subjects. It is a partnership with the Department of Extension at the University of Connecticut and is one of more than 400 Lifelong Learning Institutes in Retirement affiliated with the Road Scholar Institute Network. Visit us at [www.alp.uconn.edu](http://www.alp.uconn.edu).

**ALP'S TWENTY– SIXTH ANNUAL MEETING**

**TUESDAY, JUNE 7, 2016**

**10:00 AM-1:30 PM**

**Heritage Hall**

**Seabury, Bloomfield, CT**

**Featured Presentation**

**EDWARD CUMMING**

Director of Orchestral Activities and Associate Professor of Music,  
The Hartt School

***The Conductor: Maestro or Teacher?***

**Opportunities to socialize with old friends, make new friends  
and enjoy lunch together**