



Newsletter of the ADULT LEARNING PROGRAM

FALL PREVIEW MEETING

Tuesday, September 14, 2021, 10:00AM via Zoom
(SEE AGENDA ON PAGE 2)

A LOOK FORWARD

by Kim Hunt, Curriculum Committee Co-Chair



To all those for whom the Self-Evident may not be obvious: The forthcoming ALP semester is a forum where dismay will be defeated, the confusions of random thought will be set

in perspective, and the divisiveness of anarchic tribalism will be replaced through the well springs of community.

Twenty-five presentations will, *amidst other matters*, decipher Artificial Intelligence; steep in Beethoven's revolutionary explorations of emotion; weep in appreciation for a family's heroic and unflagging search to provide for their child in remediating Progeria; marvel at the efforts of the Amazing Women in Connecticut's history; confront Connecticut's involvement in the Opium Trade; rest assure that our nation's quest for a more perfect union was served through 19th Century Black Resistance while continuing to be served through the efforts of Connecticut's Civil Liberties Union; and rollick and emotionally reload in a review of Comedy, Comedians & Comics.

BANISH INSIPIDITY: REGISTER, TUNE IN, AND TURN ON TO INSPIRATION.

A LOOK BACK

by Elizabeth Burke

There is no denying that 2020 was a challenging year. I saw my children and grandchildren only on FaceTime, I shopped for groceries, masked and cautious, at 7AM on Sunday mornings and I said goodbye to my wonderful mother via a small screen. I hope we never have to go through these things again.

But despite being quite shut in and alone, there were pluses. I also reconnected with friends, started a weekly family Zoom that continues each Sunday, and several times a week I sat with a group of lovely people on screen and "explored the world". I learned about America after the Cold War, the lives of a wonderful group of Connecticut women, the Black Death, the Industrial Revolution, Beloved by Toni Morrison, ancient burying grounds, Islam in America, the problems of mass incarceration in the U.S., Matisse and Picasso and the glorious symphonies of Beethoven. The learning, the group discussions, and the wonderful instructors were all so uplifting.

I am so grateful to the ALP administrators who, in my opinion, pulled off a small miracle and made Zoom work. We were all learning as we went along ("*mute yourself, please*"), but the discussions and class sizes all



demonstrated the overall success of their efforts. Many people languished during this time, but ALP members didn't. There was always something new to learn, to discuss and think about. It was also wonderful to see familiar faces, even if on screen. For me, one of the few upsides of the Covid downside were my ALP classes and getting to meet so many wonderful people.

Save a stamp and register online at <https://alp.uconn.edu/reg/>
It also saves all of us some time and effort in processing your registration and payment.

A MESSAGE FROM THE BOARD

by Jack Gregory & Agnes Pier, ALP Board of Director Co-Chairs



Our UConn Adult Learning Program (ALP) has continued to enjoy success over the past year despite the constraints brought about by the COVID-19 pandemic. By developing the capability to use the Zoom technology and continuing to offer quality programs, we have managed to retain a large majority of our membership (70%). It now appears that we are beginning to return to normal but it will be a while before we fully get there. In the meantime, the ALP Board of Directors will continue to adapt to the situation as it unfolds.



At this point, it appears to be a good time to renew our efforts to increase the membership in ALP and, as mentioned at the recent Annual Meeting, the board would like to encourage you to tell your friends and acquaintances about ALP. As you know, the most effective way to encourage someone's interest in something is through a personal recommendation from a person they trust.

To make it easier for you to help, we've enclosed a copy of the comprehensive **Tell a Friend** flyer with this edition of the ALP-Horn. We ask that you consider using the flyer to provide a prospective member with contact information and a thorough description of ALP. Make extra copies if you need them. The flyer is also available to download off the ALP website (alp.uconn.edu) under the "About ALP" heading. Of course, you could also walk someone through the website which is very user friendly and explains in great detail who we are and how ALP has grown over the past 30 years.

A link to the fall Preview Meeting will be provided to anyone who may be interested in learning more about ALP's upcoming programs. They need only to email ALP at admin@uconnalp.org to receive the link. We will also provide Zoom training sessions for those prospective members who are not familiar with the technology.

The ALP Board of Directors will greatly appreciate your participation in our Tell a Friend effort to help keep ALP strong both now and into the future. On behalf of the entire board, we thank you.

PREVIEW MEETING AGENDA

- 9:30- **Join the Meeting:** Look for your e-mailed invitation and use the link to join the meeting. The earlier you join, the more you can "socialize" with other members and the better your chances of not missing any part of the meeting due to technical difficulties.
- 9:59
- 10:00 **Introduction of Presenters for the fall semester:** Each Presenter will provide a brief monologue about their course.
- 11:00 **Q and A time:** Members may ask questions of Presenters using Zoom's "Raise Your Hand" feature.
- 11:30 Adjournment

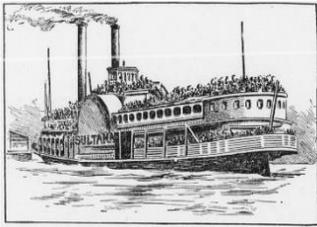


*"The **Comedy and Comedians** class provided so many memories - and new laughs. The presenter always does a great job on background information, so we learned something too. Wonderful way to spend a morning." - Anonymous*

DID YOU KNOW?



The New York Times "Bestsellers List" of books does not necessarily reflect the quality of the author's work. A trio of NYT staff members compose and rank the list based on sales reports from bookstores around the country for a given week (not accumulative totals) which, at least initially, is more accurately a measure of the book's promotional success or the author's popularity. A good indicator of actual quality is how long the book remains on the list. If it drops off after 1-3 weeks, it's probably not as good as it was hoped for or hyped.



THE TRAGIC STEAMER SULTANA.

As terrible as the disastrous 1912 sinking of the Titanic was with the death toll above 1500, it wasn't as bad as the worst U.S. maritime disaster which hardly anyone even knows about. In the days after the Civil War in 1865, the steamboat Sultana, with a capacity of 376 passengers, was carrying over two thousand, almost all of them

former prisoners of war returning home from the South. The boat exploded and sank in the Mississippi River near Memphis, Tennessee killing an estimated 1800. The disaster was overshadowed in the press by reports of events surrounding the end of the Civil War, including the killing of President Lincoln's assassin John Wilkes Booth just the day before. With no demand for an investigation, no one was ever held accountable for the Sultana tragedy.

It took 203 years for the states to ratify the 27th amendment to the Constitution after it was passed by Congress in 1789. Controlling self-determined pay raises for Congressmen, the amendment basically says that any raise passed by Congress must be delayed until after the next election so that citizens can vote out congressmen they think are being over-paid. The history of this amendment is too lengthy to report here but worthy of a google. It involves Ben Franklin, James Madison and Gregory Watson, a sophomore student at the University of Texas with the persistence of a bulldog.



THANK YOU

At the beginning of every academic year, we have to say goodbye to a few of our friends on the Board of Directors who "retire" after completing their term in office. This year, we have only two volunteers to whom we must say a very grateful "thank you" for their willingness to contribute their time and capable effort to the ALP program. Both were invaluable assets during our Covid-Zoom era and we will miss their proactive involvement.

Alice Cruikshank - Born and raised in Connecticut, Alice spent 53 years living in seven other states and Canada before returning "home" and to Seabury in 2007. She immediately joined ALP with her husband Peter and has been an active member of ALP ever since. We were fortunate that, while serving as the Seabury Representative on ALP's Board of Directors, she stood up and said "*I can do that*" when we needed someone to take over the Secretary's job in an emergency situation last year.



Louise Fisher – A resident at Seabury for three years but a longtime participant in the ALP program, Louise leaves the Board of Directors after serving two years as the Co-Chair of the Events and Membership Support Committee. "*Having worked for almost 30 years at Trinity College with adults who were continuing their education at both the undergraduate and graduate levels, I knew how important access to life-long learning is to most of us. Although I will not be working with the board any longer, I plan to continue to take courses well into the future.*"

FALL 2021 MULTI-SESSION SEMINARS

An asterisk (*) next to the course code indicates a course has limited enrollment.

See Registration Form, side 2.

NOTE: The views expressed by the presenters of ALP courses do not necessarily reflect the views of the ALP organization or the members of its Board of Directors.

FS-01 Comedy, Comedians & Comics

Bob Ellis, ALP Member -- Wednesdays 9:30-12:00, 9/22, 9/29 -- via Zoom

This is a continuation of the PowerPoint supported program presented in the spring that covered the history of comedy from ancient Greece through vaudeville, silent movies and radio. This semester, we will cover the funny movies that starred American and British comedians and follow up with a look at TV, from the early days of Lucy and Uncle Miltie up through today's sitcoms. Both sessions include many downloaded videos and much trivia about the people who made us laugh.

FS-02 Hikes

Kevin Gough, Wintonbury Land Trust -- Fridays 9:30-12:00, 9/24, 10/1, 10/22 -- Offsite

We will visit hiking trails within a 20-mile radius of Bloomfield which have been recommended for their natural beauty, historical significance, flora and fauna, or other unique characteristics. Carpooling will often be suggested. Participants should be able to walk 2 1/2 to 3 miles over uneven terrain. There is an additional fee to offset ALP's insurance cost for this program.

FS-03* Creative Writing

Kim Hunt, Author -- Mondays 1:00-3:00, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1 -- via Zoom

Size Limit: 15

This is a discussion group for both the beginner and the more experienced writer. The spectrum of creative writing: essay, fiction, memoir, poetry, free verse - commonly involves guided reflection. Issues of trust, motivation, privacy, habit, goal, structure and quality entwine to both hamper and clarify the beckoning impulse, enticed by discoveries in 'creativity'. Reflection offers vast reprieve for much that causes us to grieve.

FS-04 Gwendolyn Brooks & Adrienne Rich: Poetry in Black & White

Jane Barstow, Prof Emerita, University of Hartford -- Tuesdays 10:30-12:00, 9/28, 10/5 -- via Zoom

This is an introduction to the lives and works of two of the most prolific and celebrated poets of the 20th century, Gwendolyn Brooks and Adrienne Rich. In careers that spanned decades, both experimented with a wide variety of poetic forms and spoke to a diversity of audiences. Each successfully combined the personal and political into poetry of enormous power and beauty. We will consider representative poems from the different stages of their careers in appreciation of the artistry with which they address issues of race, class, gender and also the emotional complexity of human relationships.

FS-05* Herbs & Spice: Culinary Uses & Health Benefits

Nita Mitra, PH. D. of Anthropology -- Thursdays 10:00-12:00, 9/30, 10/7 -- via Zoom

Size Limit: 20

This course will introduce the origin and history of herbs and spices since the beginning of time. Discuss the culinary uses of numerous herbs & spices, their health benefits, and the positive effects on cognition and mood they can promote. Especially, when and how the spices & herbs are used while cooking to impart flavor, aroma and stimulating the appetite.

*"We could certainly slow the aging process down if it had to work its way through Congress."
- Will Rogers (1925)*

FALL 2021 MULTI-SESSION SEMINARS (page 2 of 3)

FS-06 Black Death: The World's Most Devastating Plague

Jack Gregory & Tom Gworek, ALP Co-Chairs -- Fridays 10:00-12:00, 10/8, 10/15, 10/22, 10/29, 11/5 -- via Zoom

We will continue our study of the most-deadly disease outbreak in history by examining the cultural, religious, governmental and economic effects of the Plague that killed over 200,000,000 people in the 14th century. The Black Death was so devastating that it changed the course of history over hundreds of years, as it raged on and off throughout the world until a cure was found in the 20th century.

FS-07 The Amazing Women of Connecticut's History

Davida Crabtree, Reverend Doctor -- Tuesdays 10:30-12:00, 10/12, 10/19, 10/26 -- via Zoom

Connecticut's heritage is filled with stories of amazing women from colonial times to the present. We will celebrate the 100th anniversary of women's suffrage with this retrospective told as biography.

FS-08 AI- Artificial Intelligence

Wendell Wallach, Scholar at Yale -- Thursdays 10:00-12:00, 11/4, 11/11 -- via Zoom

This session will examine some fundamental questions around AI. What is AI and why is there so much attention on it? What is machine learning? How do we distinguish between hype and real-world usage of AI? Our second session will further explore ideas like: What challenges are real or speculative? What are the principles of AI Ethics? Can AI systems make moral decisions? What are lethal autonomous weapons systems? Are laws and regulations needed to maximize benefits of AI and minimize potential harms and undesired societal impacts?

FS-09 Crashes & Crises: History of Financial Disasters

Lynn Scull & Tom Gworek, ALP Members -- Mondays 10:00-12:00, 11/8, 11/15, 11/22, 11/29, 12/6, 12/13 -- via Zoom

This is a Great Courses DVD program. It presents a history of financial disasters such as market crashes, economic crises, economic panics and financial scandals, which have happened in history since the Tulip bubble in 1636. It explains how and why they happened. It includes the 1929 stock market crash, the depression, German hyperinflation in the 1920s, the dot com bubble, the subprime debt problem, the actions of Charles Ponzi, the Savings and Loan crises, the Orange County bankruptcy, and other financial disasters. The lecturer is Professor Connel Fullenkamp, a professor of the Practice of Economics, at Duke University.

FS-10 The Art of the Wadsworth

Leo Pigaty, Docent -- Tuesdays 1:00-3:00, 11/9, 11/16, 11/23 -- via Zoom

This course will consist of three lectures examining selected artworks in the collection of the Wadsworth Atheneum Museum of Art. Selections will include landscape, seascape, portraiture and sculpture. We will see artworks with hidden messages. We will interpret paintings with content ranging from the real to the abstract. Selected masterpieces will represent most of the major art movements from Renaissance to Abstract Expressionism and just about everything in between.

FS-11 Movie Buffs

James Hanley, Co-Director of Cinestudio -- Fridays 10:30-12:00, 11/19, 12/3, 12/17 -- via Zoom

Do you ever wonder which movies are really worth your time, or what you should be looking for in a film? This is your opportunity to hear what others think and to listen to a very knowledgeable expert who provides insight into films and film industry - people and technology. Movies discussed can be viewed at any theater or in the comfort of your own home on TV or other sources. You will also usually find the films playing at Cinestudio on the campus of Trinity College where parking is available after hours, Saturdays and Sundays all day.

FALL 2021 MULTI-SESSION SEMINARS (page 3 of 3)

FS-12 Beethoven's Symphonies

Howard Sprout, Baritone Soloist -- Tuesdays 10:00-12:00, 11/30, 12/7, 12/14 -- via Zoom

Beethoven's Symphonies series ends with his 7th, 8th, and 9th as the 250th anniversary of his birth comes to a close. The 7th was an unqualified success. The second movement so well received the audience demanded a reprise. His 8th is the shortest most "classically classical" of all the symphonies. Then "Ode to Joy", the 9th was longer, larger, and louder than any of the previous eight. The span of this work is immense, starting with chaos built from silence, ending with the triumphant ode to joy taken from a poem Beethoven had running through his head for 40 years!

DON'T READ THIS TERRIBLE PUN



Bennie Gordon was walking on the beach one day when he happened upon an odd looking vase half buried in the sand. After cleaning it up a bit, he pried open the lid

and was astonished when a genie sprang from the container and granted him 3 wishes.

Bennie wished for enormous wealth, huge land holdings and a bevy of beautiful wives. All wishes were granted, but on one condition. Never again in his life could he get a haircut or shave. To do so would mean instant imprisonment in the same urn in which the genie had been imprisoned. All went well during the first few years of his lavish lifestyle, but his beard and long hair became more and more of a problem.

One day, during a moment of weakness and desperation he ran to the bathroom, grabbed some scissors and began cutting off his beard. Immediately his fortunes vanished, and he found himself trapped in the urn lying in the sand of the beach. The moral of this story?

"A Bennie shaved is a Bennie urned."
(you were warned)

LANGUAGE LESSON

To help close that language gap between you and your Gen Z grandchildren, we offer a translation of a few of their commonly used phrases.

Fam is a term of endearment that's short for "family" but not in a traditional biological sense. It refers to close friends or members of a chosen social tribe.

Bop is a term Gen Z applies to a song they highly enjoy. If you hear "*This song is such a bop*," the cool thing to do is to turn up the volume and start bobbing your head to the beat.

Lit, Fire, Bussing or Gas is used to describe something extra good or exciting. "*That movie was _____.*"

Cap or No Cap has nothing to do with headwear. A "cap" is a lie, so to accuse a statement of being a cap is to declare that it's false. You might hear your grandkids say, "*Grandma, these cookies are the best, no cap.*"

Mood (or Vibes) is a one word affirmation that a person feels the same about whatever is happening or being said by someone else.

For a translation of text slang, we suggest an online visit to www.bark.us/blog/teen/text.



STRANGE BUT TRUE

If you make a hole in a net, there are fewer holes.

The only time the word "incorrectly" is not spelled incorrectly is when it's spelled incorrectly.

ALP MEMBERSHIP REGISTRATION FORM -- FALL 2021

An Adult Learning Program (ALP) membership entitles you to participate in all multi-session seminars and single-session classes for which you have registered.

Please register on the ALP website and pay on-line, or fill out this form and mail it with your check, made out to UCONN/ALP to:

Adult Learning Program
Hartford County Extension Center
Exchange Building – Suite 262
270 Farmington Ave.
Farmington, CT 06032

For more information, call - ALP office: (860) 785-5609 or go to our website: <http://alp.uconn.edu>

----- PLEASE PRINT -----

Name _____
Street _____
Town _____ State _____ Zip _____
Phone _____
Email Address _____

 Check here if you are a new member

Check here if you prefer a black and white, rather than colored version, of the ALP-Horn

 \$55 One-Semester Membership

\$45 If you are a Seabury at Home, Seabury or Duncaster resident, your fees are reduced in appreciation for the in-kind services space the institutions provide.

Donation to ALP

----- HOW ELSE WILL YOU CONTRIBUTE? -----

ALP is a volunteer organization with everyone contributing his/her share. Please let us know which committee/activity you would consider working on or learning about.

Curriculum Committee - Plans all seminars and single-session classes.

Events and Membership Committee - Integrates new members into ALP, nurtures leadership among members, nominates board members, plans and staffs membership meetings.

Communication Committee - Provides information to potential and current members through word of mouth, the preparation and distribution of promotional handouts, the ALP-Horn newsletter, and the ALP website.

Presentations - Present a seminar or single-session class, or put us in touch with a possible presenter.

ALP REGISTRATION FORM – FALL 2021

(side 2)

NAME: (Please print): _____

From the list below, please check the courses you wish to take.

If a course has limited enrollment, there is an asterisk (*) in the course code. First priority in these courses will be given to those who are on the waiting list from the last time the course was offered, if they sign up for the course this semester. Then, a random selection will be made from the others who enroll this semester. You will be notified whether or not you are in the course as soon after the Preview Meeting as possible

If you find you cannot participate in a seminar, please inform the ALP office at (860-785-5609) so that others may be considered. You do not need to notify the office if you will miss only one class.

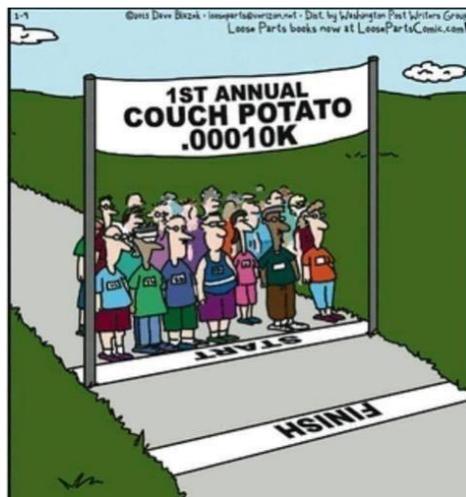
We will send you a list of your course selections. You can also create your personal calendar on our website: <http://alp.uconn.edu>

MULTI-SESSION SEMINARS

- _____ FS-01 Comedy, Comedians & Comics
- _____ FS-02 Hikes
- _____ FS-03* Creative Writing
- _____ FS-04 Poetry in Black & White
- _____ FS-05* Herbs & Spices
- _____ FS-06 Black Death
- _____ FS-07 Amazing Women of CT's History
- _____ FS-08 AI- Artificial Intelligence
- _____ FS-09 Crashes & Crises
- _____ FS-10 The Art of the Wadsworth
- _____ FS-11 Movie Buffs
- _____ FS-12 Beethoven's Symphonies

SINGLE- SESSION CLASSES

- _____ FSS-01 Civil Rights, Liberties & Equity
- _____ FSS-02 Monuments
- _____ FSS-03 Suffragettes in Corselettes
- _____ FSS-04 The Law of Elections
- _____ FSS-05 Progeria Research Foundation
- _____ FSS-06 Opium Trade in CT
- _____ FSS-07 Artists' Gardens in New England
- _____ FSS-08 Mausolea Family Tombs
- _____ FSS-09 Dr. Grace Murray Hopper
- _____ FSS-10 Your Earth, Your Legislature
- _____ FSS-11 Hepatitis Romania Travelogue
- _____ FSS-12 19th c. Black Resistance
- _____ FSS-13 Paleoindian Lifeways



FALL 2021 SINGLE SESSION CLASSES

FSS-01 Civil Rights, Liberties & Equity in Connecticut

David McGuire, Exec. Director, ACLU of Connecticut -- Thursday 10:00-12:00, 9/23 -- via Zoom
Hear from ACLU of Connecticut's Executive Director, David McGuire, on the organization's work at the Capitol, in court, and our communities to make Connecticut more just, free, and fair for all.

FSS-02 Monuments "Hidden in Plain Sight"

David Anthone, Artist -- Thursday 1:00-3:00, 10/7 -- via Zoom

David Anthone, the artist with DARNstudio, will outline the methodology of looking at public monuments in order to gain a better understanding of their meaning with respect to privilege and oppression. By looking at case studies, one will learn how to critically examine public monuments, read their symbolism, and determine if there is undue bias. Understanding that history is fluid and that we have a responsibility for telling accurate historical narratives, which is always within our power.

FSS-03 Suffragettes in Corsettes

Venlya Jancz & Ehris Urban, Speakers -- Monday 10:00-12:00, 10/18 -- via Zoom

For centuries, women have allowed themselves to be squeezed, twisted, and squished to conform to desired shapes. The history of underwear reveals a lot about women's changing roles in society - - how we perceive ourselves, and how we are viewed by others. The 1910s saw an end to the hourglass figure with a tiny waist. Women were finally able to breathe and move more freely. Could the demise of tight-lacing have helped women gain the right to vote in 1920? Underwear matters.

FSS-04 The Law of Elections

Douglas Spencer, Professor of Law, PHD -- Wednesday 10:00-12:00, 10/20 -- via Zoom

This last year has seen an election that was by far the most contentious any of us remember. The fallout from that election still reverberates today with many states and the Federal Government attempting to write laws that either strengthen the voting process or limits those who wish to vote, depending on one's political orientation. This course will dive into the Constitutional Law governing elections and also discuss the problems of redistribution and gerrymandering.

FSS-05 Progeria Research: Making a Difference for All

Audrey Gordon, Executive Director -- Wednesday 10:00-12:00, 10/27 -- via Zoom

In the wake of Sam Berns' sudden and unexpected diagnosis of the ultra-rare, fatal, rapid-aging disease Progeria, his family and friends came together to create The Progeria Research Foundation (PRF) in 1999. PRF's mission is to discover treatments, the cure for Progeria and its aging-related conditions, including heart disease. Learn how PRF has made phenomenal progress using methods that can be applied to a variety of situations, and how finding the cure for one of the rarest diseases on earth may help the entire aging population.

FSS-06 Opium Trade in Connecticut

Richard Friswell, Wesleyan University -- Thursday 10:00-12:00, 10/28 -- via Zoom

Richard Friswell highlights his exciting work of historical fiction, *Merchants of Deceit: Opium, American Fortune & the China Trade*, based on the life and times of Sam Russell, a businessman. It follows imagined adventures and challenges as he negotiates the treacherous world of drug dealing, international intrigue, deal-making, new-found love and loss, violence and human cruelty beyond anything he had ever known. This is the human story of his struggle to make sense of an illicit world of drugs, graft, corruption and death, while remaining true to his awaiting family, community and values, half-a-world away.

FALL 2021 SINGLE SESSION CLASSES (page 2 of 3)

FSS-07 Artists' Gardens in New England

Jana Milbocker, Author -- Tuesday 1:00-3:00, 11/2 -- via Zoom

Some of our most beloved painters, sculptors and authors were inspired by the gardens they created. This program will take us through a visit to the private havens of Edith Wharton, Julian Alden Weir, Childe Hassam, Daniel Chester French, Emily Dickinson, Augustus Saint-Gaudens, Celia Thaxter and others.

FSS-08 Tombs Exploring Archaeology & Forensic Science

Nick Bellantoni, Emeritus CT State Archaeologist -- Wednesday 10:00-12:00, 11/17 -- via Zoom

The presentation will tell the stories of the Connecticut State Archaeologist's investigations into five 18th-19th century family tombs, including the sepulchers of Squire Elisha Pitkin, Gershom Bulkeley, Samuel and Martha Huntington, Henry Chauncey, and Edwin Denison Morgan. In all of these cases, the State Archaeologist assisted in identifying and restoring human skeletal remains to their original burial placements when vandalized through occult rituals or contributed to the identification of unrecorded burial during restoration projects.

FSS-09 The Legacy of Dr. Grace Murray Hopper

Martha Reingold, Author -- Thursday 10:00-11:30, 11/18 -- via Zoom

In the early 1950s, computer programs were written in machine code. Next came 2nd generation assembly languages like BAL. Dr. Hopper was a pioneer in the development of 3rd generation English language programming like COBOL and ALGOL. There will be a brief description of state-of-the-art programming in the mid-50's, a history of Dr. Hopper's work, and what it was like to work for this extraordinary woman and her multi-cultural staff.

FSS-10 Effective Environmental Activism at the Capitol

Chris Palm, Connecticut State Representative -- Wednesday 1:00-3:00, 12/1 -- via Zoom

Public policy should not be created in a vacuum. To counter the pressure exerted by industry lobbyists, legislators rely on content experts, engaged citizens, and activists to help guide their decisions. Learn how you can put your expertise, your passion, and your professional/life experience into action on behalf of the environment and the Earth we share.

FSS-11 "Gallstones" Hepatitis Romania Travelogue

Dr. George & Cathy Wu, Professors of Medicine -- Friday 2:00-4:00, 12/10 -- via Zoom

Dr. Wu spotlights the clandestine and little understood ongoing lethal warfare with disease we are routinely beset by but recognize only through the haze of abstruse medical labels. The Doctors Wu (husband and wife research team) have spent their careers tracking and exposing the wiles of these pathogens. The depth of their clinical research has been substantiated through international travels, and enhancing deeper perspective of the environments that play inadvertent host to the various forms of life-threatening malaise. The topic for this presentation will be "Gallstones" Hepatitis in the country of Romania.

FSS-12 19th c. Black Resistance: A Dangerous Truth

Barbara Beeching, Ph.D. in U.S. History -- Wednesday 10:00-12:00, 12/15 -- via Zoom

Free blacks in 19th century Hartford enjoyed limited freedom, but they found ways, individually and collectively, to improve their lives and lay claim to equal citizenship.

FALL 2021 SINGLE SESSION CLASSES (page 3 of 3)

FSS-13 Paleoindian Lifeways

David Leslie, Ph.D. -- Thursday 1:00-3:00, 12/16 -- via Zoom

The Brian D. Jones site is along the "Farmington River of the Paleoindian Lifeways," approximately 12,500 years old. It was located five feet below the riverbank along the Farmington River in Avon. More than 15,000 artifacts were recovered, including specialized tools, tool-making debris, burned animal and plant remains, as well as numerous fire pits, post features, remnants of past campsites, and living spaces. This discovery presents an important opportunity for archaeologists to better understand the daily lives of the first people to inhabit Connecticut and predict the locations of undiscovered archaeological sites from this early time period.

Memorabilia Dozens

A Poem by Carolann Purcel

Re-sorting paper detritus (eight boxes worth)
Brought from Peoria plus 11 years'
Gives me something to live for.
Bucket-kick, or knock off the list:

Today marks the 50th year of our marriage.
One has eternal life, the other, hope
But not certainty. Mark's '61 portrait sits
Formally on a shelf near my door with
Mother's congratulating card and
Someone's photo of us digging in our new yard.

Bittersweet 'tis sifting letters-essays-souvenirs,
Even a tooth I'll ne'er 'gan go near;
Eagle Isle where – tyro – I paddled;
Cousin Bell in Bath-Time, Dearie
At the river landing after meeting
Hornets in both Mark's empty tennies;
Deirdre's letters from that new Chicago job;
Bruce's drawn first-grade Cowboy Boots story.

You taught me to mark School's Out Fridays
With your favorite Vouvray, mine Riesling
Because, you said, they float upriver, on our
budget
To sip with starred menus for each accepted
publication.

We'll take a cup 'o' kindness, pal.

SCOPES TRIAL REDUX

A child asked his mother, "How were people born?"

His mother said, "Adam and Eve made babies, then their babies became adults and made babies, and so on."

The child then went to his father, asked him the same question and he said, "We were monkeys, then we evolved to become like we are now."

The child ran back to his mother and said, "You lied to me!"

His mother replied, "No, I didn't lie; your father was talking about his side of the family."



"The Lyme Disease program was an excellent presentation, fact-filled, expert presenter, subject of great interest."

kudos

- **Errol M.**

"So thankful our neighbor introduced us to ALP. Topics are very diverse...something to entice everyone's curiosity." - Dierdre G.

PONDER THIS

Statistics on sanity indicate that one out of every four persons is suffering from some sort of mental illness. Alarming huh? But wait a minute. Think of your three best friends -- if they're okay, then ???

AUGUST NEEDS A HOLIDAY

(an editorial)



It seems to me that the month of August passes by each year with little or no fanfare or even recognition. It's probably because it's the second consecutive month with 31 days of hot weather and all that most of us want to do is get through the bloody month so that we can begin enjoying September when we return to our ALP classes, the weather cools off, football season begins and parents everywhere heave a sigh of relief as their kids return to school. Other than giving thanks for another outstanding issue of the ALP-Horn, we don't celebrate anything in August. Nothing! And I, for one, think that's just wrong, especially when the word "August" itself means "*respected and impressive.*"

August, the month, is full of historic events and "celebrity" birthdays that surely we could use to justify designating another national holiday somewhere amidst its 31 dog-days of heat and humidity. Yeah, yeah, I know that according to the National Day Calendar people, August is already known as the "National Goat Cheese" month and that scattered throughout the month are worthwhile "days" already set aside for "Mahjong" (Aug 1), "Wiggling Your Toes" (Aug 6) and "Senior Citizens" (Aug 21), but don't you think one of the following historic August events is worth national commemoration, if not a holiday?

Mt. Vesuvius erupted in Italy (0079). White House burned down by the British during the War of 1812 (1814). 19th amendment ratified giving women the right to vote (1920). Social Security Act established (1935). Atom Bomb dropped (1945). Hawaii admitted into union (1959). Marilyn Monroe died (1962). Woodstock overwhelmed by 300,000 "music lovers" (1969). Nixon resigned (1974). Elvis died (1977). Soviet Party suspended in Russia (1991). Princess Diana died (1997).

And if that's not enough to consider, think what we would be missing if any of these August births hadn't occurred: Francis Scott Key (1779), Louis Armstrong (1901), Barack Obama (1961), Alexander Fleming (1881), Alfred Hitchcock (1899), Davy Crockett (1786), Orville Wright (1903), Bill Clinton (1946), Leonard Bernstein (1918), LB Johnson (1908), Mother Teresa (1910), Oliver Wendell Holmes (1809), and Shirley Dudley (1915).

Come to think of it, August may be the perfect holiday month. Let's shut everything down, mix up a vat of Pina Coladas, turn on some Three Dog Night and party for 31 days.

MEANDERING MUSINGS OF A MUTANT MIND (Chapter 13)



- If Cinderella's shoe fit perfectly, why did it fall off?
- Why is there an expiration date on sour cream?
- Common sense is like deodorant. The people who need it most never use it.
- Before they invented drawing boards, what did we go back to?
- Can you read okay if you are cross-eyed and have dyslexia?
- Unless you understand why pizza is made round, packed in a square box and eaten as a triangle, you don't have a chance of understanding women.

COURSE LISTINGS BY DAY OF WEEK

MONDAY

FS-03*	Creative Writing	1:00-3:00	9/27, 10/4, 10/11, 10/18, 10/25, 11/1
FS-09	Crashes & Crises	10:00-12:00	11/8, 11/15, 11/22, 11/29, 12/6, 12/13
FSS-03	Suffragettes in Corselettes	10:00-12:00	10/18

TUESDAY

FS-04	Poetry in Black & White	10:30-12:00	9/28, 10/5
FS-07	Amazing Women of CT's History	10:30-12:00	10/12, 10/19, 10/26
FS-10	The Art of the Wadsworth	1:00-3:00	11/9, 11/16, 11/23
FS-12	Beethoven's Symphonies	10:00-12:00	11/30, 12/7, 12/14
FSS-07	Artists' Gardens in New England	1:00-3:00	11/2

WEDNESDAY

FS-01	Comedy, Comedians & Comics	9:30-12:00	9/22, 9/29
FSS-04	The Law of Elections	10:00-12:00	10/20
FSS-05	Progeria Research Foundation	10:00-12:00	10/27
FSS-08	Mausolea Family Tombs	10:00-12:00	11/17
FSS-10	Your Earth, Your Legislature	1:00-3:00	12/1
FSS-12	19th c. Black Resistance	10:00-12:00	12/15

THURSDAY

FS-05*	Herbs & Spices	10:00-12:00	9/30, 10/7
FS-08	AI- Artificial Intelligence	10:00-12:00	11/4, 11/11
FSS-01	Civil Rights, Liberties & Equity	10:00-12:00	9/23
FSS-02	Monuments	1:00-3:00	10/7
FSS-06	Opium Trade in Connecticut	10:00-12:00	10/28
FSS-09	Dr. Grace Murray Hopper	10:00-11:30	11/18
FSS-13	Paleoindian Lifeways	1:00-3:00	12/16

FRIDAY

FS-02	Hikes	9:30-12:00	9/24, 10/1, 10/22
FS-06	Black Death	10:00-12:00	10/8, 10/15, 10/22, 10/29, 11/5
FS-11	Movie Buffs	10:30-12:00	11/19, 12/3, 12/17
FSS-11	Hepatitis Romania Travelogue	2:00-4:00	12/10

ZOOM REMINDERS

- Access ALP's website (<http://alp.uconn.edu/classes/zoom-guidelines>) **to reference a complete set of guidelines** to join and participate in a Zoom session.
- Contact ALP's Administrator (admin@uconnalp.org or 860-380-5038) to **set up a Zoom training session** if you think you need one.
- You will receive an e-mailed link **to attend each Zoom meeting or class** you signed up for.

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What Is ALP?

ALP is a self-governing, non-profit organization composed largely of retired people who share a common interest in ongoing education. Members participate in courses presented by fellow members and guest lecturers on a variety of subjects. It is associated with the Department of Extension at the University of Connecticut and is one of more than 400 Lifelong Learning Institutes in Retirement affiliated with the Road Scholar Institute Network. **Visit our website often at <http://alp.uconn.edu>.**

Meeting Places (when not using Zoom)

Seabury
200 Seabury Dr.
Bloomfield, CT

Duncaster
40 Loeffler Rd.
Bloomfield, CT

The McAuley
275 Steele Rd.
W. Hartford, CT

FALL PREVIEW MEETING

Tuesday, September 14, 2021

10:00–11:30

via Zoom Teleconferencing

**Your opportunity to listen and talk to
the Presenters of ALP's fall semester courses.**