



Newsletter of the ADULT LEARNING PROGRAM

SPRING PREVIEW MEETING

Thursday, January 17, 2019 9:30AM–Noon Seabury Chapel

Guest Speaker Gregory Woodward

President, University of Hartford

"Elevating the Soul: Learning & the Aesthetic Experience"



Gregory S. Woodward, a native of West Hartford and UCONN graduate, became the University of Hartford's sixth president last July. A composer, musician, athlete, and scholar, he has spent nearly four decades working in almost every conceivable role in higher education.

Earning a Doctor of Musical Arts from Cornell, Mr. Woodward earned his Master's degree from Ithaca College where he subsequently served for more than 30 years as a music professor, Provost/Vice President for Academic Affairs, and Dean of the School of Music. He created the first general education core in the college's long history, built 19 new graduate programs,

and grew both the music school and graduate programs to their all-time highest enrollments. From 2012-17, he served as the President of Carthage College in Kenosha, Wisconsin. Under his leadership, the college enjoyed the highest retention and graduation rates in its history, received its largest philanthropic gifts, enrolled the highest number of students from underrepresented groups, and funded its largest-ever endowment. He also guided the fundraising for and execution of a newly constructed \$43 million Science Center, a \$2 million Center for Nursing Studies, and a \$15 million Career and Welcome Center.

While a student at Hall High School in West Hartford, Mr. Woodward played in a jazz band and studied saxophone privately with Jackie McLean, the great American jazz saxophonist. He also played Division I soccer as a college student and spent many years coaching the sport throughout upstate New York. He is married to Penelope, a decorated public school music teacher, and they have three adult children.

PREVIEW MEETING AGENDA

9:30AM: The Presenters of our scheduled courses will be available in Seabury's chapel to share information and answer questions while we socialize and imbibe in the pastries and coffee prepared by the Seabury staff.

10:30AM: Staying in the chapel, we'll have a short business meeting and then listen to our guest speaker. **The meeting will conclude at noon.**

WEAR YOUR NAME TAG

Shirley Dudley has volunteered to pin a red "A" on every ALP member who does not wear their name tag to the Preview Meeting. Hmmm? No, no, in this case the scarlet letter will stand for Anonymous.

PREVIEW MEETING PARKING



As usual for special events, parking is available at the Chinese Baptist Church (previously the Beth Hillel Synagogue) adjacent to Seabury. Shuttle service between the church and Seabury's main entrance will be available starting at 8:30. **Please park in the rear of the church's parking lot to minimize any inconvenience to people visiting the church.**

SNOW POLICY

When it snows, we may have to cancel a class if travel conditions pose a safety threat. When that happens, we will do our best to notify you as soon as possible but, if in doubt, you can check the school closing announcements on radio/TV or call 860-695-SNOW (7669).

Our policy is that if the Hartford schools are closed, any ALP class scheduled for that day will be cancelled. If Hartford Schools have a delayed opening, we will meet at our usual time.

DID YOU KNOW?

(editor's comments in italics)

- Before settling on the name Tiny Tim for his character in "A Christmas Carol," Charles Dickens was going to use the name Little Fred. Three other names supposedly under consideration at some point were Little Larry, Puny Pete, and Small Sam. *What, no Miniscule Marty?*
- Sleep literally cleans your brain. During slumber, more cerebrospinal fluid flushes through the brain to wash away harmful proteins and toxins that build up during the day. *So maybe our country would be less polarized if our politicians spent less time campaigning and more time sleeping?*
- When Canada's Northwest Territories considered renaming itself in the 1990s, one name that gained support was "Bob." It began as a prank, but for a while it was at or near the top in the public-opinion polls. *No comment.*
- In 1965, a Senate subcommittee predicted that by 2000, Americans would only be working 20 hours a week with seven weeks' vacation. *They probably meant Americans in the Senate.*

DO YOU REMEMBER?

Back in the 50's and 60's, we had more than a dozen drive-in movie theaters in Connecticut. Despite the comparatively poor picture and sound quality (remember the speakers?), they were great venues for family entertainment and teenagers looking for privacy. In 1965, 4,000 drive-ins represented more than 25% of all the movie screens in the country. Unfortunately, they've almost disappeared from the American landscape. We now have only three left in our state operating part time: Mansfield, Pleasant Valley (Barkhamsted) and Southington. Real estate economics, bucket seats, TV, video rentals, operating expense and daylight savings all played a role in the demise. But aren't you glad you were around to enjoy them?



ALP TO BE DISCONTINUED???

(editorial comment)



No, ALP is not going to be discontinued today. Nor tomorrow. And probably not the day after. But it could happen sooner than you and I want it to. The only thing that will sustain it is an influx of volunteers willing to assume some responsibilities in the ongoing operation of the organization. Quite literally, volunteerism is how ALP survives. With the exception of our Administrator, we have no paid staff members. Members of the Communications, Membership and Curriculum Committees, our Webmaster, Newsletter Editor and our entire Board of Directors, are all volunteers.

Currently, our Membership and Communication Committees need some additional members to provide the level of support ALP needs to be effective. Our Webmaster and Horn Editor could also use someone to provide backup support and eventually assume those duties when the current volunteers have completed their terms. If you're interested in getting more involved with ALP or if you know of someone we should consider for a leadership position, please complete and submit the *ALP Members Survey* form on our website <http://alp.uconn.edu>. You will find a link to the form at the bottom of the website's home page. If you volunteer, you'll meet some very nice people and become a hero by helping to sustain ALP.

SPECIAL FOOTNOTE: Bob Hewey will be retiring as our Treasurer in June. If you have a financial background and/or are familiar with accounting principles, please contact Bertina Williams at 860-380-5038 or admin@uconnalp.org as soon as possible.

A REMINDER ABOUT CLASSES WITH LIMITED CLASS SIZE

This semester, you have until January 24th, one week after the Preview Meeting, to apply for those classes with limited enrollment. At that time, selections will be made randomly* by a computer and, as soon as possible, you will be notified as to whether or not your name was selected.

* *If the class is a repeat from a previous semester, preference will be given to those who sign up for the current semester and did not get selected the previous semester.*

MEANDERING MUSINGS OF A MUTANT MIND

(Chapter 5)

- How many weeks are there in a light year?
- If con is the opposite of pro, is Congress the opposite of progress?
- Why are there interstate highways in Hawaii?
- If space is a vacuum, who changes the bags?
- If it's true that we are here to help others, then what exactly are the others here for?
- If you have a bunch of odds and ends and get rid of all but one, what do you call it?



SPRING 2019 MULTI-SESSION SEMINARS

NOTE: The views expressed by the presenters of ALP courses do not necessarily reflect the views of the ALP organization or the members of its Board of Directors.

An asterisk (*) next to the course code indicates a course has limited enrollment.
See Registration Form, side 2.

SS-01 Greek and Roman Technology II

Richard Woodring, Professor of Civil Engineering, Emeritus -- Thursdays 10:00-12:00, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28 -- Seabury Heritage Hall

This Course will expand your knowledge of Greek and Roman civilization with an in-depth study of the innovative technologies and feats of engineering. The lecturer uses models to help the student understand various structures and machines created by the Greek and Roman engineers and architects.

SS-02* Creative Writing

Kathy Carle & Kim Hunt -- Mondays 1:00-3:00, 2/4, 2/11, 2/18, 2/25, 3/4 -- Seabury Garden View Room Size Limit: 15

We will use free writing, meditation, and creative writing techniques to express our creativity in memoirs, stories, poems, and essays. Through this activity we will find self-knowledge that can transform us. Now Write! Nonfiction, Sherry Ellis's compilation of exercises, as well as models from other sources, will be used.

SS-03 Climate Change-Contributing Factors & Solutions

Samantha Dynowski and Martha Klein, State Director and State Chair, Sierra Club -- Wednesdays 10:00-12:00, 2/13, 2/20, 2/27 -- McAuley Meeting Room

The Sierra Club is the nation's oldest and largest grassroots environment organization. The Connecticut Chapter works to connect people to nature and to protect our air, water, land, climate and quality of life in a just and equitable way. This course will focus on climate change, what is causing it, and solutions that individuals, communities, states and nations are successfully implementing. Session 1 covers the history of fossil fuel usage and climate change, Session 2 covers efforts to move to 100% clean energy, and Session 3 covers trends and technology in the area of clean transportation for all.

SS-04 Joyful, Joyful, We Adore You, Ludwig

Howard Sprout, Baritone Soloist -- Tuesdays 10:00-12:00, 2/26, 3/5, 3/12, 3/19, 3/26 -- Seabury Heritage Hall

Beethoven's 9th Symphony - with a brief biography of Beethoven, then individual sessions for each movement, with the fourth movement getting two sessions. The 9th Symphony is a whole lot more than just the "Ode to Joy" and Howard will share his excitement about this amazing piece.

SS-05 Dutch Masters II: The Age of Rembrandt

Ruthanne Hartzheim -- Mondays 10:00-12:00, 3/4, 3/11, 3/18, 3/25, 4/1 -- Seabury Heritage Hall

This will be the second of 3 semesters of an Art History course from DVDs of the "The Great Courses" series presented by Professor William Kloss, Smithsonian Institution.

SPRING 2019 MULTI-SESSION SEMINARS (cont'd)

SS-06* Writing Your Memoirs

Leta Marks, Former Professor of Literature, University of Hartford -- Tuesdays 1:00-3:00, 3/5, 3/12, 3/19, 3/26 -- Seabury Heritage Hall Size Limit: 25

Each week we write short memoirs, bring them to the group to read, and delight in hearing one another's stories. You too can come and participate in writing, talking about good writing, and giving/receiving positive, constructive conversation about your piece so we all feel energized to write more.

SS-07* Epics, Anyone?

Jane Newpeck, Teacher -- Wednesdays 1:00-3:00, 3/6, 3/13, 3/20 -- Seabury The Britton Room
Size Limit: 25

Discussion of three ancient writings reflecting their worlds that helped shape ours. Get ready for adventure, monsters, goddesses, preternatural powers, and heroic caritas (love for all; charity). Gilgamesh: begin the adventure, defining the hero, setting the task. Beowulf: battling the enemy or threat, demonstration of the hero's strength(s). Odyssey: return of the hero to the community, place of the hero in the community. What epic qualities, if any, do we require in our heroes today? Why do we still read the ancient epics? Does the definition of the hero shift from one poem to another? Why or why not?

SS-08 Movie Buffs

James Hanley, Co-Director of Cinestudio -- Thursdays 10:30-12:00, 3/7, 4/4, 5/2 --
Duncaster Meeting Room

Do you ever wonder which movies are really worth your time, or what you should be looking for in a film? This is your opportunity to hear what others think and to listen to a very knowledgeable expert who provides insight into films and film industry - people and technology. Movies discussed can be viewed at any theater or in the comfort of your own home on TV or other sources. You will also usually find the films playing at Cinestudio on the campus of Trinity College where parking is available after hours, Saturdays and Sundays all day.

SS-09 The Play's the Thing

Nancy Kramer -- Mondays 1:00-3:00, 3/11, 3/18, 3/25, 4/1 -- Seabury Hearthside Parlor

We will be reading two plays. No acting skills are required. The presenter will give some information about the author, and then together we will read the play and discuss it.

SS-10 Peace Corps – Early Days

Stephen Zwerling, Lowell Fewster, Hugh & Kate McLean -- Fridays 10:00-12:00, 3/15, 3/22, 3/29 --
Seabury Heritage Hall

Four ALP members, all with connections to the early days (1962-69) of the Peace Corps in Nigeria, will tell about their experience as well as reflect on the meaning of the Peace Corps and similar undertakings during those years. Community development, teaching, giving birth and mothering are the enterprises engaged in, along with learning the very different culture and context. Pictures and artifacts will illustrate the varied accounts of the four: Lowell Fewster, Hugh and Kate McLean and Steve Zwerling.

If lawyers are disbarred and clergymen defrocked, then doesn't it follow that electricians can be delighted, musicians denoted, cowboys deranged, models deposed, tree surgeons debarked, and dry cleaners depressed?

SPRING 2019 MULTI-SESSION SEMINARS (cont'd)

SS-11 From Authors' Words to Directors' Visions

Martha Reingold, Film Presenter -- Wednesdays 1:00-4:00, 3/27, 4/10, 4/24, 5/8 -- Seabury Heritage Hall

A film based on a book will be shown at each class. We will discuss the differences between the two: Was the movie true to the book? Worse? Better? 1) Book – "*Washington Square*," Movie - "*The Heiress*;" 2) Book – "*Chocolat*," Movie - "*Chocolat*," 3) Book – "*Mrs. Palfrey at the Claremont*," Movie - "*Mrs. Palfrey at the Claremont*," 4) Book – "*The Reader*," Movie – "*The Reader*."

SS-12 Connecticut Forum

Karen Will & Bob Hewey -- Wednesdays 1:00-3:30, 4/3, 4/17, 5/1 -- Seabury Heritage Hall

We will view and discuss videos of three previously presented programs: *Taking on Race and Racism* (2015), *Conversation with Supreme Court Justice Stephen Breyer* (2017), *State of Journalism and the News* (2018).

SS-13 America's Songbook/Great American Singers

Russell Salk -- Mondays 1:00-2:30, 4/8, 4/15, 4/22, 4/29 -- Seabury Heritage Hall

Spend the time listening to some great music. We'll hear lots of outstanding performances of standards, known as the Great American Songbook. You probably know the names George Gershwin, Cole Porter, and Irving Berlin. Russ will introduce you to a whole world of composers and lyricists beyond that. Among the greats that you will hear are Peggy Lee, Judy Garland, Frank Sinatra, and Frankie Laine, with some Big Band, Broadway, and breezy jazz thrown into the mix. There will be some surprises, and lesser-known artists who deserve better! This will be a great time for all who attend.

SS-14* Psychological Perspective on Hamlet

Stephen Bank, Adjunct Professor of Psychology, Wesleyan University (retired) -- Thursdays 10:00-12:00, 4/11, 4/18, 4/25 -- Seabury Heritage Hall Size Limit: 15

We will examine Shakespeare's Hamlet applying insights from psychoanalysis to understand deeper motivations of the principal characters. The complex relationships between various pairs and triads of characters will be discussed in light of research on family dynamics. Recommended films to be watched before taking this course: "Hamlet" starring Kenneth Branagh in color, the uncut version 4 hours 15 minutes. "Hamlet" starring Mel Gibson black and white, abridged 2 hours.

SS-15* Five 20th Century Laureates

Don Werner, Author/Teacher -- Tuesdays 10:00-12:00, 4/16, 4/23, 4/30 -- Seabury The Britton Room Size Limit: 20

Five Twentieth-Century Laureates and a *Shouldabe*: Close reading of the poems of Robert Pinsky, Donald Hall, Billy Collins, Howard Nemerov, and John Updike.

SS-16 Hikes

Kevin Gough, Wintonbury Land Trust -- Fridays 9:30-12:00, 4/19, 5/3, 5/17 -- Offsite TBA

We will visit hiking trails within a 20-mile radius of Bloomfield which have been recommended for their natural beauty, historical significance, flora and fauna, or other unique characteristics. Carpooling will often be suggested. Participants should be able to walk 2 1/2 to 3 miles over uneven terrain.

SS-17 Urban Ambles

Libbie Mellow -- Fridays 9:30-12:00, 4/26, 5/10, 5/24 -- Offsite TBA

There will be three strolls along especially interesting and beautiful roads in Hartford. Easy walks with time to look and learn along the way; Trinity College, Bushnell Park Plus and Riverside Park East.

We hold elections in November because it's the best time for picking out a turkey.

ALP MEMBERSHIP REGISTRATION FORM – SPRING 2019

An Adult Learning Program (ALP) membership entitles you to participate in all seminars and single-session classes for which you have registered.

Please fill out this form, and mail it with your check, made out to UCONN/ALP, to:

Adult Learning Program
Hartford County Extension Center
Exchange Building – Suite 262
270 Farmington Ave.
Farmington, CT 06032

For more information, call the ALP office: (860) 380-5038 or go to our website: <http://alp.uconn.edu>

----- PLEASE PRINT -----

Name _____

Street _____

Town _____ State _____ Zip _____

Phone _____

Email Address _____

 Check here if you are a new member

Check here if you prefer a black and white, rather than colored version, of the ALP-Horn

 \$55 Semester Membership

\$45 if you are a Seabury at Home, Seabury or Duncaster resident. Your fees are reduced in appreciation for the in-kind services space the institutions provide.

\$ Donation to ALP

----- HOW CAN YOU HELP ALP? -----

ALP is a volunteer organization with everyone contributing his/her share. Please let us know which committee/activity you would consider working on or learning about.

Curriculum Committee - Plans all seminars and single-session classes.

Membership Committee - Integrates new members into ALP, nurtures leadership among members, nominates board members, plans and staffs membership meetings.

Communication Committee - Provides information to potential and current members through word of mouth, the preparation and distribution of promotional handouts, the ALP-Horn newsletter, and the ALP website.

Presentations - Present a seminar or single-session class or put us in touch with a possible presenter.

(See other side for additional information and to identify in which courses you wish to enroll.)

ALP REGISTRATION FORM – SPRING 2019

(side 2)

NAME: (Please print): _____

From the list below, please check the courses you wish to take.

If a course has limited enrollment, there is an **asterisk (*)** in the course code. First priority in these courses will be given to those who are on the waiting list from the last time the course was offered - if they sign up for the course this semester. Then, a random selection will be made from the others who enroll this semester. **You will be notified whether or not you are in the course as soon as possible after the deadline for limited course registration that follows the Preview Meeting.**

THE REGISTRATION DEADLINE FOR CLASSES WITH LIMITED ENROLLMENT IS JAN 24TH.

If you have been selected for a limited enrollment class but find you cannot participate, please inform the ALP office at (860-380-5038) so that others may be considered. You do not need to notify the office if you will miss only one class. We will send you a list of your course selections. You can also create your personal calendar on our website: <http://alp.uconn.edu>

SEMINARS

- | | | |
|-------|--------|----------------------------------|
| _____ | SS-01 | Greek and Roman Technology II |
| _____ | SS-02* | Creative Nonfiction |
| _____ | SS-03 | Climate Change |
| _____ | SS-04 | We Adore You Ludwig |
| _____ | SS-05 | Dutch Masters II |
| _____ | SS-06* | Writing Your Memoirs |
| _____ | SS-07* | Epics, Anyone? |
| _____ | SS-08 | Movie Buffs |
| _____ | SS-09 | The Play's the Thing |
| _____ | SS-10 | Peace Corps – Early Days |
| _____ | SS-11 | Authors' Words/Directors' Vision |
| _____ | SS-12 | Connecticut Forum |
| _____ | SS-13 | America's Songbook |
| _____ | SS-14* | Perspective on Hamlet |
| _____ | SS-15* | Five 20th Century Laureates |
| _____ | SS-16 | Hikes |
| _____ | SS-17 | Urban Ambles |

SINGLE- SESSIONS

- | | | |
|-------|--------|----------------------------|
| _____ | SSS-01 | Thomas Cole: |
| _____ | SSS-02 | When Thailand Mourns |
| _____ | SSS-03 | Three Ages of Exploration |
| _____ | SSS-04 | Human Races |
| _____ | SSS-05 | Health & Travelogue |
| _____ | SSS-06 | Wildlife and Connecticut |
| _____ | SSS-07 | Seriously Satchmo |
| _____ | SSS-08 | Pedro E Guerrero |
| _____ | SSS-09 | A Baroque Musical Salon |
| _____ | SSS-10 | Being Mortal: What Matters |
| _____ | SSS-11 | FISA Court: What is it? |
| _____ | SSS-12 | Making History |
| _____ | SSS-13 | Path of the Soul |

ALP GUEST COUPON

If you are undecided about becoming a member of the Adult Learning Program, you can use this coupon to attend one session of any class scheduled for our spring 2019 semester free of charge - as our guest.

Your name: _____

Home addr: _____

(please print)

SPRING 2019 SINGLE SESSION CLASSES

SSS-01 Thomas Cole: American Landscape Romantic

Rhea Higgins, Professor of Art History, U of Hartford, Wesleyan Institute of Life Long Learning --
Thursday 1:00-3:00, 1/31 -- Seabury Heritage Hall

Thomas Cole is America's most important landscape artist of the early 19th c. His romantic and sublime works not only celebrated the beautiful and awesome power of nature but also connected viewers of that time to their sense of place and nation. The questions we will raise are: why landscapes at this particular time? To what extent did the drastic economic and political changes brought on by the industrial revolution directly or indirectly influence Cole's decision to paint what he chose to paint?

SSS-02 When Thailand Mourns....

Catherine & Christopher Brooks, Authors -- Tuesday 1:00-3:00, 2/5 -- Seabury Heritage Hall
Traveling from gilded shrines to majestic Buddhas, while delving into lush tropical gardens and ancient ruins, the Brookses captured on film an exotic Thailand few visitors see. All the while, overshadowing their exploration of elephant habitats, floating markets, savory street food, and relics of the Khmer empire, Siam was a nation in the act of mourning its newly deceased King Bhumibol.

SSS-03 The Three Ages of Exploration, 1400-Present

Michael Robinson, Professor of History -- Wednesday 1:00-3:00, 2/6 -- Seabury Heritage Hall
In the 1400's, Iberian mariners began sailing the dangerous waters of the Atlantic Ocean. Since then, exploration has transformed the many cultures of the globe. Historians William Goetzmann and Stephen Pyne have identified three different eras of exploration. This course will describe major expeditionary events, discuss Goetzmann and Pyne's thesis, and consider the direction of exploration in the 21st century.

SSS-04 Human Races: The Perspective from Anthropology

Michael Park, Professor Emeritus, Anthropology, CCSU -- Tuesday 10:00-12:00, 2/12 --
Seabury Heritage Hall

Scientific evidence, from many areas, shows that races do not exist within the human species on a biological level. Race for humans is a social/cultural/historical construct. And yet, the issue will not go away. This presentation will go over the evidence for these statements, using all the latest data from genetics, evolutionary theory, and cultural anthropology.

SSS-05 Risks from Fatty Liver; Travel in Turkey

George & Kathy Wu, Professors of Medicine -- Thursday 2:00-4:00, 2/14 --
Seabury Heritage Hall

The Doctors Wu continue to spotlight the clandestine and little understood ongoing lethal warfare we are routinely beset by but recognize only through the haze of abstruse medical labels. The Doctors Wu (husband and wife research team) have spent their careers tracking and exposing the wiles of these pathogens. The depth of their clinical research has been substantiated through international travels, enhancing deeper perspective of the environments, that play inadvertent host to the various forms of life-threatening malaise. The topic for this presentation will be fatty liver in the destination of Turkey.

SSS-06 Wildlife and Connecticut's Changing Landscape

Ellen Castaldini, Master Wildlife Conservationist -- Tuesday 10:00-12:00, 2/19 -- Seabury Heritage Hall
The program includes a presentation that describes how changes in Connecticut's landscape over the past 400 years have impacted wildlife. Beautiful wildlife photos highlight the presentation. Participants can handle wildlife pelts, skulls and tracks, and (if they want) test their knowledge of the characteristics and habits of CT wildlife.



kudos

*"The **Private Investigator and Defense Counsel** class was an excellent way to demonstrate principles of criminal law thru enactment of a typical relationship between a criminal lawyer and a private investigator."* - Carol Matzke

SPRING 2019 SINGLE SESSION CLASSES (cont'd)

SSS-07 Seriously Satchmo - Influence of Louis Armstrong

Chris Coulter, Musician/Teacher -- Thursday 2:00-3:30, 3/28 -- Seabury Heritage Hall

A look at one of the world's most important and influential musician in American history. Born into poverty Louis's career, as a vocalist and trumpet player, spanned from the advent of radio through film into television. From his earliest recordings in the 1920s, he came to have a number one record in 1964, and after he died charted perhaps his most well-known and beloved recording "What a Wonderful World." Louis came to be one of the world's most beloved musicians/entertainers, opening up doors for racial equality within the industry.

SSS-08 Life & Work of Pedro E Guerrero

Ruthanne Hartzheim -- Monday 10:30-12:00, 4/8 -- McAuley Meeting Room

Discover the remarkable life and work of Pedro E. Guerrero, a Mexican American, born and raised in segregated Mesa, Arizona, who had an extraordinary international photography career. Using an exclusive interview with Guerrero along with his stunning images, the program explores his collaborations with three of the most iconic American Artists of the 20th century: architect Frank Lloyd Wright, sculptors Alexander Calder and Louise Nevelson.

SSS-09 A Baroque Musical Salon

Walter Mayo, Past ALP presenter -- Tuesday 10:00-12:00, 4/9 -- Seabury Chapel

Live music of the Baroque period performed on harpsichord, violin, viola da gamba, recorder and flute, with introductory commentary including possible slides, video and discussion.

SSS-10 Being Mortal: Medicine & What Matters in the End

Ellen Thomas, Clinical Social Worker -- Thursday 10:00-12:00, 5/9 -- Seabury Heritage Hall

We will watch "Being Mortal," a documentary that explores the hopes of patients facing terminal illness and their relationships with the doctors, who care for them. It is the story of physician Atul Gawande. By sharing these stories from the perspective of both physicians, patients and families, the documentary sheds new light on how our system - so often focused on cure - neglects the important healing conversations that need to happen so that a person's true priorities can be known and honored at the end. Ellen Thomas will facilitate the conversation at the end of the screening.

SSS-11 FISA Court: What is it?

James G Carr, Sr. U.S. District Court Judge -- Tuesday 10:00-12:00, 5/14 -- Seabury Heritage Hall

The Foreign Intelligence Surveillance Court (FISA) will be explained by United States District Judge Carr, a former member of the FISA court. He will present an overview of the Foreign Intelligence Surveillance Act and the FISC.

SSS-12 Making History: Connecticut's Local Museums

Bill Hosley, Public Historian & Preservationist -- Thursday 10:00-12:00, 5/16 -- Seabury Heritage Hall

Community-based museums offer inspirational experiences, are evocative teaching tools, and provide a refuge for local knowledge like few things left in our culture. This session will showcase the variety and diversity of content, storylines and presentation styles at the local level. It reminds us that the quality of biodiversity, so important to life, is no less important to the survival of the civic spirit. Most local museums are small. No two are alike. They collect. They preserve, present and offer public programs. They are a civic miracle and a tool of untapped potential for transforming public engagement with history.

SSS-13 Path of the Soul

Barbara M. Hardie, Director of Angel Connections -- Tuesday 1:00-2:30, 5/21 -- Seabury Heritage Hall

While on the Other Side, before we incarnate to a physical body, we go through a detailed process of mapping out what we are going to do during each lifetime. This workshop follows the cycle of life/death/rebirth. We choose the other souls who will be in our life in order to help us learn our Life Lessons, Balance Karma and grow to higher spiritual levels. You will learn why bad things happen to good people and how you can create a stress-free life. Experience a Life Review Meditation to determine if you are following your path.

GRATITUDE AND GREETINGS

WOW! What a fall semester. We had 53 new members join ALP which helped increase our membership to 315, and 66 of us donated a total of over \$1600. **All record-breaking numbers!** Our special thanks to donors for believing that the ALP program is worthy of your financial support. It is your generosity that enables us to not only cover our expenses but allows us to continue to offer a minimal tuition cost to all of our members.

DONORS

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Elizabeth Saria
Sandra Slipp
David St. George
Peggy & Robert Stanwood
Tom Tresselt
Margto Turentine
Gloria & Charlie VanSlyke
Geraldine Watkins
Mimi Werner
David Wichman
Lorna Wright



kudos

*"I learned so much about the **Dutch Masters** and art analysis in general. This was the next best thing to seeing all these works in person." - Name Withheld*

MEET KARL MASON



It was meant to be. Karl Mason basically has devoted most of his adult life preparing for the time when he could teach ALP members about poetry. Yes, he took a few side trips, including a brief

interest in Biology at UMASS in '55 and a military stint in Inchon Korea in 1960. But even during the latter distraction he managed to enhance his teaching skills by tutoring a group of Korean bankers after hours in a small room heated only by a wood stove.

It was during his time in Korea that he also had an epiphany-type learning experience. In the middle of an impoverished country with third world living conditions, Karl observed that American military officers were living in newly built housing with green lawns and paved streets ala American suburbia, completely oblivious to their juxtaposition with the surrounding area. It was a jarring experience that had a lasting effect on Karl's sensitivity toward social inequities everywhere and something of which he has tried to make his family and his students aware.

Earning his BA in English from UMASS in 1958 was the first step toward his ultimate ALP destination. His preparation continued at Wesleyan University where he earned a Master of Arts in Teaching degree in '62 (after Korea) and where he met his wife-to-be Nancy to whom he has now been married 54 years. After graduation, Karl began a long career at Hall High

School where he taught English, Journalism and Humanities until his retirement in 1996. It was during this ALP "training period" that he became enraptured with the world of poetry. So enraptured in fact that during his summer vacation in 1966, he went abroad and studied Geoffrey Chaucer at Jesus College, Oxford with John Burrow, a world renowned Chaucerian.

After retirement, Karl eventually reached his ALP destination and when he conducted his first "Appreciating Poetry" class in 2009, ALP discovered Karl. Since then, he has conducted poetry-related classes every year – much to the delight of hundreds of ALP members, many of whom have been faithful followers for all 10 years. His classes have included presentations and discussions on a wide spectrum of poets from Shakespeare to Robert Frost to Emily Dickinson to Richard Wilbur to Chaucer (of course), but it's Karl's love of poetry that is the catalyst for the enthusiasm that permeates his classrooms.

Karl and Nancy's family now includes four children, seven grandchildren and one Labradoodle. Raising a nature loving family, swimming, boating and environmental issues occupy much of Karl's time when he isn't preparing or presenting his much-loved poetry classes. *"I have enjoyed these years of presenting a variety of poets and poetry for the ALP program. It has been a pleasure to be with so many interested and interesting people and to share my own enthusiasm for poetry."* The feeling is obviously mutual. Thanks Karl.

Word Games

Sometimes I think all the folks who grew up speaking English should be committed to an asylum for the verbally insane. In what other languages do people recite at a play and play at a recital? We ship by truck and cargo by ship. We have noses that run and feet that smell. We park in a driveway and drive in a parkway. And how can a slim chance and a fat chance be the same while a wise man and a wise guy are opposites? You have to marvel at the unique lunacy of a language in which your house can burn up as it burns down, in which you fill in a form by filling it out, and in which an alarm goes off by going on.



COURSES BY DAY OF WEEK

MONDAY

SS-02*	Creative Nonfiction	1:00-3:00	2/4, 2/11, 2/18, 2/25, 3/4
SS-05	Dutch Masters II	10:00-12:00	3/4, 3/11, 3/18, 3/25, 4/1
SS-09	The Play's the Thing	1:00-3:00	3/11, 3/18, 3/25, 4/1
SS-13	America's Songbook	1:00-2:30	4/8, 4/15, 4/22, 4/29
SSS-08	Pedro E Guerrero	10:30-12:00	4/8

TUESDAY

SS-04	We Adore You Ludwig	10:00-12:00	2/26, 3/5, 3/12, 3/19, 3/26
SS-06*	Writing Your Memoirs	1:00-3:00	3/5, 3/12, 3/19, 3/26
SS-15*	Five 20th Century Laureates	10:00-12:00	4/16, 4/23, 4/30
SSS-02	When Thailand Mourns	1:00-3:00	2/5
SSS-04	Human Races	10:00-12:00	2/12
SSS-06	Wildlife and Connecticut	10:00-12:00	2/19
SSS-09	A Baroque Musical Salon	10:00-12:00	4/9
SSS-11	FISA Court: What is it?	10:00-12:00	5/14
SSS-13	Path of the Soul	1:00-2:30	5/21

WEDNESDAY

SS-03	Climate Change	10:00-12:00	2/13, 2/20, 2/27
SS-07*	Epics, Anyone?	1:00-3:00	3/6, 3/13, 3/20
SS-11	Authors' Words/Directors' Vision	1:00-4:00	3/27, 4/10, 4/24, 5/8
SS-12	Connecticut Forum	1:00-3:30	4/3, 4/17, 5/1
SSS-03	Three Ages of Exploration	1:00-3:00	2/6

THURSDAY

SS-01	Greek and Roman Technology II	10:00-12:00	1/24, 1/31, 2/7, 2/14, 2/21, 2/28
SS-08	Movie Buffs	10:30-12:00	3/7, 4/4, 5/2
SS-14*	Perspective on Hamlet	10:00-12:00	4/11, 4/18, 4/25
SSS-01	Thomas Cole:	1:00-3:00	1/31
SSS-05	Health & Travelogue	2:00-4:00	2/14
SSS-07	Seriously Satchmo	2:00-3:30	3/28
SSS-10	Being Mortal: What Matters	10:00-12:00	5/9
SSS-12	Making History	10:00-12:00	5/16

FRIDAY

SS-10	Peace Corps – Early Days	10:00-12:00	3/15, 3/22, 3/29
SS-16	Hikes	9:30-12:00	4/19, 5/3, 5/17
SS-17	Urban Ambles	9:30-12:00	4/26, 5/10, 5/24

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What Is ALP?

ALP is a self-governing, non-profit organization composed largely of retired people who share a common interest in ongoing education. Members participate in courses presented by fellow members and guest lecturers on a variety of subjects. It is associated with the Department of Extension at the University of Connecticut and is one of more than 400 Lifelong Learning Institutes in Retirement affiliated with the Road Scholar Institute Network. Visit us at <http://alp.uconn.edu>.

Meeting Places

Seabury
200 Seabury Dr.
Bloomfield, CT

Duncaster
40 Loeffler Rd.
Bloomfield, CT

The McAuley
275 Steele Rd.
W. Hartford, CT

ALP SPRING PREVIEW MEETING

THURSDAY, JANUARY 17, 2019

9:30AM – 12 NOON

Seabury Chapel

***Shuttle Service from the Chinese Baptist Church
(previously the Beth Hillel Synagogue)
160 Wintonbury Ave., adjacent to Seabury***

**Your opportunity to learn about ALP's spring semester
curriculum and hear our featured speaker:**

Gregory Woodward

President, University of Hartford

"Elevating the Soul: Learning & the Aesthetic Experience"