



Newsletter of the ADULT LEARNING PROGRAM

SPRING PREVIEW MEETING

Thursday, January 16, 2020, 9:30–Noon, Seabury Chapel

Guest Speaker Will K. Wilkins

Executive Director, Real Art Ways

"Creativity, Excellence and Innovation"

Will K. Wilkins is an innovator at connecting art and ideas with the community. During his tenure as Executive Director, Real Art Ways has received support from prominent national sources including Ford, Rockefeller, Warhol, Rauschenberg, MacArthur and Wallace Foundations. Wilkins has served on eight review panels for the National Endowment for the Arts. He also served as President of the National Alliance of Media Arts and Culture and on the board of the National Performance Network.



Real Art Ways has commissioned 38 public art projects in Hartford during his tenure, and Wilkins has expanded Real Art Ways to include a dynamic arthouse cinema, multiple exhibition spaces, and extensive educational programming. Real Art Ways, which focuses on presenting innovative artists, has presented 42 MacArthur "genius" grant awardees, and two recent "Man Booker Prize" winners. Wilkins holds a BA in English from the University of Massachusetts where he studied with writer Chinua Achebe (*Things Fall Apart*) and poet Joseph Brodsky.

DID YOU KNOW???

Although Susan B. Anthony gets a lot of well-deserved credit, the ratification of the 19th Amendment giving women the right to vote 100 years ago actually owes its origins to a Quaker woman named Jane Hunt.

On July 9, 1848. Hunt invited Elizabeth Cady Stanton, Lucretia Mott and two other fellow Quakers to a tea party where they aired their grievances about the world's injustices toward women. That tea party gave birth to the Seneca Falls (NY) Convention organized by Stanton and Mott which began the Women's Suffrage Movement.



Another woman who deserves credit is Hartford resident and women's rights activist Isabella Beecher Hooker. She founded the CT Women Suffrage Association in 1869 and served as its Director for 36 years. More about her can be learned from ALP's Davida Crabtree in her seminar on "The Amazing Women in CT's History."

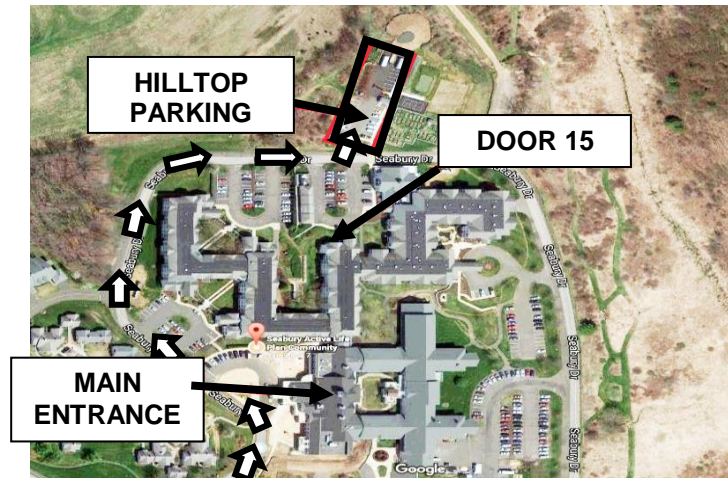
PREVIEW MEETING AGENDA

9:30AM: The Presenters of our scheduled courses will be available in Seabury's chapel to share information and answer questions while we socialize and imbibe in the pastries and coffee graciously prepared by the Seabury staff.

10:30AM: Staying in the chapel, we'll have a short business meeting and then listen to our guest speaker. **The meeting will conclude at noon.**

SEABURY PARKING

On a trial basis, there will be no shuttle service to this event from the Chinese Baptist Church. Sufficient parking should be available at the convenient Hilltop Parking Lot at the north end of the Seabury campus near the raised garden beds and pickleball court. After parking, you may enter Door 15, located under the green awning. The door will open automatically when you press the intercom button on the left wall.



NEW COMMITTEE

ALP has a new committee!!! It's called the **Event and Member Support Committee** and is an important group of volunteers that serves the entire ALP organization to ensure our effectiveness and viability. Committee members welcome and integrate new members into ALP, coordinate the registration process and membership meetings, solicit volunteerism, acquire guest speakers for the Fall and Spring Preview Meetings and organize ALP's Autumn Social event.



Sound familiar? Well, it should. Those are the same duties that have been performed successfully by our Membership Committee for a long, long time. ALP's Board of Directors just decided to change the committee's name to better reflect their scope of responsibilities. A rose by any name is still a rose, thank goodness. If you're looking to get more involved with ALP by contributing some of your time and effort, the Event and Member Support Committee would be a good committee to join. You'll help the organization, your fellow ALPers . . . and your self-esteem.

A PUN YOU'LL PROBABLY ASK A FRIEND TO EXPLAIN

Mahatma Gandhi, as you know, walked barefoot most of the time, which produced an impressive set of calluses on his feet. He also ate very little, which made him rather frail; and with his odd diet, he suffered from bad breath. This made him a super-callused fragile mystic hexed by halitosis.

THE GIVERS

Here's a list of the record breaking 70 members who last semester believed strongly enough about ALP to contribute something extra beyond their normal tuition fee. Whether it was \$10 or \$100, each contribution reflected a confidence in ALP's continuing ability to provide a meaningful, educational service to its membership. OUR THANKS TO ALL WHO GAVE!



Lawrence Ahrens, **Dori Albert**, Anne Alvord, **Joyce & Richard Armstrong**, Ivan Backer, **Sylvia Baker**, Ingrid Boelhouwer, **Anne & Ken Brock**, Jackie Brown, **Arlene Buckey**, Joyce & Harold Buckingham, **Ruth & Barry Budlong**, Frances Carpenter, **Martha Colton**, Davida Crabtree, **Lucy Creevey**, David Crombie, **Alice & Pete Cruikshank**, Shirley Delong, **Shirley Dudley**, Connie Dunham, **Diane Edell**, Linda Ericson-Ebel, **Carol Fine**, Louise Fisher, **Linda & John Fiske**, Sally Foster, **Arlene Friedman**, William Fuller, **Carol Gershenson**, Thomas Gworek, **Wendy Haller**, Jane Harris, **Florence Havens**, Katherine Ill, **Nancy & Theodore Johnson**, Christine Johnson, **Janet Jones**, Tobie Katz, **Shirley Keezing**, Elizabeth Kellerman, **Pat Kimmel**, Ursula Korzenik, **Ruth Leggett**, Trudy Lovell, **Dorothy and David Lund**, Mary and George Madsen, **Mary & John Martin**, Kate & Hugh McLean, **Marian Moore**, Shirley Morrison, **Don Noel**, Doris Nussbaum, **Susan Sappington**, Donna Simone, **Bernita & Ralph Sundquist**, Leonard Swade, **Joanne Taylor**, Barbara Taylor, **Geraldine & Dudley Watkins**, Susan Watson, **Mary Ann Watson**, Mimi Werner, **Donald Werner**, John Wilder, **Ann Winship**, Jane Wright, **Richard Zimmerman**, Patricia & Steve Zwerling.

THE NEWBIES

These are our new members, the life blood of ALP's future without whom there would be no ALP. We hope each of you not only enjoys our curriculum but gets involved beyond the "classroom" to maximize your ALP experience and help us sustain our viability. WELCOME!

Joan Boyd
Hy & Sharon Braverman
Ronald Coleman
Martha Crane
David Crombie
Christina Davies
Jon & Kate Dixon
Linda Ericson-Ebel
Monica Fay
William Fuller
Warren Gadstad
Nancy Gaffin
Mark Gerity
Gloria & Thomas Gworek

George & Janet Jones
Steven Law
Joan Leach
George & Mary Madsen
Lisa & Mike Marti
John Martin
Frank & Susan Merblum
Clifford Morin
Roberta Parsons
Julie Peck
Catherine Posteraro
Jean Ravalese
Ralph Redman
Ruth Rempt

Linda Roberts
Bunny Rybeck
Terry Schnure
Joy Semjen
George Slate
Joseph & Margaret Soja
Iris Spiegelman
Judith Stearns
Richard & Mimi Werner
Cynthia Wilusz
Richard Woodworth
Maxine Yarbrou

HOLIDAY QUIZ

Why did Rudolph the red-nosed reindeer cross the road?

Because he was tied to a chicken!

SPRING 2020 MULTI-SESSION SEMINARS

An asterisk (*) next to the course code indicates a course has limited enrollment.
See Registration Form, side 2.

NOTE: The views expressed by the presenters of ALP courses do not necessarily reflect the views of the ALP organization or the members of its Board of Directors.

SS-01 Manet, Monet and the Impressionists

Rhea Higgins, Professor of Art History, U. of Hartford, Wesleyan Institute of Life Long Learning -- Wednesdays 1:30-3:00, 1/29, 2/5 -- Seabury Chapel

The 1848 movement of Realism was initiated by Gustave Courbet and furthered by Manet, Monet and other Impressionists. They challenged perceptions of what to paint but also how to paint. How did this emerging school of artists strive to express "modernity"? How would this affect sales in the new capitalist markets? What are the lasting influences from this European art on harmony and natural vision? Our course will conclude with Monet's huge murals of the Nymphs (Water Lilies-1923) in addressing these questions.

SS-02 Industrial Revolution II

Richard Woodring, Professor of Civil Engineering, Emeritus -- Thursdays 10:00-12:00, 1/30, 2/6, 2/13, 2/20, 2/27, 3/5 -- Seabury Chapel

This Course is a continuation of our series of lectures in the fall describing the social, political and technological changes taking place in England. Our study will move to Europe and America. We will study the contributions of Isambard Kingdom Brunel - Master Engineer, Eli Whitney, De Lesseps, Eiffel, Rockefeller, and Carnegie. One lecture will describe how Poets and Novelists responded to industrialization.

SS-03* Poetic Metrics

Karl Mason -- Tuesdays 10:00-12:00, 2/4, 2/11, 2/18, 2/25 -- Seabury Media Room Size Limit: 16

We will examine a wide range and variety of poetic styles and attempt to determine what qualities (metrics) distinguish the mediocre to the superb in poetry and to what degree these benchmarks apply to the poetry that falls between these polarities. Given the heteronormalized cultural climate in which we live today, this examination will more than likely provide a perplexing if not a daunting challenge.

SS-04* Creative Writing

Kim Hunt & Kathy Carle -- Mondays 1:00-3:00, 2/17, 2/24, 3/2, 3/9, 3/16, 3/23 -- Seabury Garden View Room Size Limit: 15

This is a discussion group for both the beginner and the more experienced writer. The spectrum of creative writing: essay, fiction, memoir, poetry, free verse - commonly involves guided reflection. Issues of trust, motivation, privacy, habit, goal, structure and quality entwine to both hamper and clarify the beckoning impulse, enticed by discoveries in "creativity". Reflection offers vast reprieve - for much that causes us to grieve.

SS-05 Movie Buffs

James Hanley, Co-Director of Cinestudio -- Wednesdays 10:30-12:00, 3/4, 4/1, 5/6 -- Duncaster Meeting Room

Do you ever wonder which movies are really worth your time, or what you should be looking for in a film? This is your opportunity to hear what others think and to listen to a very knowledgeable expert who provides insight into films and film industry - people and technology. Movies discussed can be viewed at any theater or in the comfort of your own home on TV or other sources. You will also usually find the films playing at Cinestudio on the campus of Trinity College where parking is available after hours, Saturdays and Sundays all day.

SPRING 2020 MULTI-SESSION SEMINARS (page 2 of 3)

SS-06 Comedy, Comedians & Comics

Bob Ellis -- Tuesdays 9:30-12:00, 3/10, 3/17 -- Seabury Heritage Hall

This program will cover all aspects of comedy from the political satire of Aristophanes (450 BC) to the slapstick of the Three Stooges to the one-liners of Henny Youngman to the improvisations of Robin Williams with lots of trivia thrown in about the men and women who made us laugh. Act I: Aristophanes through Vaudeville; Act II: Silent Movies and Radio. Acts III and IV (Talkies/TV and A Study of Styles) will be offered in the fall semester. Attendees are encouraged but not required to bring a favorite joke to share.

SS-07 The Amazing Women of CT's History

Davida Crabtree, Reverend Doctor -- Wednesdays 10:00-12:00, 3/11, 3/18, 3/25 -- McAuley Meeting Room

CT's heritage is filled with stories of amazing women from colonial times to the present. We'll celebrate the 100th anniversary of women's suffrage with this retrospective told as biography.

SS-08* Reading *Beloved* Together

Jane Barstow, Professor Emerita, University of Hartford -- Thursdays 10:30-12:00, 3/19, 3/26, 4/2 -- Seabury Heritage Hall Size Limit: 20

Appreciation of Toni Morrison's magnificent achievement requires the contributions of as many readers and perspectives as possible. We begin with a review of the personal and artistic apprenticeship that prepared Morrison to write *Beloved* and a close reading of its first 60 pages. We next focus on the novel's dramatic core: the reincarnated Beloved's relationships with Sethe, Paul D, and Denver in the context of slavery's most horrific scars and a community's efforts at healing. Finally, we will consider where Morrison finds hope, even humor in the tragic tale she tells, and the novel's lasting significance as understood by all readers.

SS-09 Resurrection! – Part 2: Mahler's 2nd Symphony

Howard Sprout, Baritone Soloist -- Tuesdays 10:00-12:00, 3/24, 3/31, 4/7 -- Seabury Chapel
Spring semester will be "Part Two: Mahler's Second Symphony" and will be three sessions. The Presenter is fascinated by how and why Handel and Mahler wrote these two works about resurrection. Handel was a devout Anglican, Mahler was a Jew, converted to Catholicism, and struggled with religion his whole life. Similarities and differences abound!

SS-10* Writing Your Memoirs

Leta Marks, Former Professor of Literature, University of Hartford -- Tuesdays 1:00-3:00, 3/24, 3/31, 4/7, 4/14 -- Seabury Heritage Hall Size Limit: 25

Each week we write short memoirs, bring them to the group to read, and delight in hearing one another. You too can come and participate in writing, talking about good writing, and giving/receiving positive, constructive conversation about your piece so we all feel energized to write more. Everyone has a story about their life to tell for future generations to read.

SS-11* Buddhism Today

Ellison Findly, Professor of Religion, Trinity -- Wednesdays 3:00-5:00, 4/1, 4/8, 4/15, 4/22, 4/29 -- Seabury Heritage Hall Size Limit: 15

An exploration of the views of Buddhism, with its message of transitoriness, suffering, and the human habit of desire. The adaptability of Buddhist practice has helped its movement worldwide, as well as its openness to modernity. We will investigate such questions as; what about monasticism in the US? How does the practice of visualizing "anger" or "pride" address today's consumer world? And are we really able to submit to the ego-restricting stick of the Zen master? Social Buddhism today brings us face to face with responding to HIV in Southeast Asia, inmates in American prisons, and Buddhist ethics of wealth.

SPRING 2020 MULTI-SESSION SEMINARS (page 3 of 3)

SS-12 The Play's the Thing

Nancy Kramer -- Mondays 1:00-3:00, 4/6, 4/13, 4/20, 4/27 -- Seabury The Britton Room
We will be reading two plays. No acting skills are required. The presenter will give some information about the author, and then together we will read the play and discuss it.

SS-13 Urban Ambles

Libbie Merrow -- Fridays 9:30-12:00, 4/17, 5/1, 5/15 -- Offsite TBA
Easy walks with time to look and learn along the way. We will visit Bushnell Park, with guided tours of the famous ancient trees, the Solders and Sailors' Arch and the State Capitol. Another walk will be along Riverside Park East, after a short Orientation by the Park Ranger. And we will explore the campus of Loomis Chaffee School then walk along the Farmington River. We will car pool from Seabury or you can meet us at the sites. These Ambles are designed to be enjoyed by all, with any level of physical fitness.

SS-14 Hikes

Kevin Gough, Wintonbury Land Trust -- Fridays 9:30-12:00, 4/24, 5/8, 5/22, 5/29 -- Offsite TBA
We will visit hiking trails within a 20-mile radius of Bloomfield which have been recommended for their natural beauty, historical significance, flora and fauna, or other unique characteristics. Carpooling will often be suggested. Participants should be able to walk 2 1/2 to 3 miles over uneven terrain. The final hike could be either 5/22 or 5/29 and will be determined in May.

SS-15 The Immigrant Experience on Film

Martha Reingold, Presenter -- Tuesdays 1:00-4:00, 4/28, 5/5, 5/12, 5/19 -- Seabury Heritage Hall
Each film in this series deals with a different ethnic group that emigrated to America. Some films depict historical events, while others address current immigration dilemmas. We'll get a glimpse of the reasons people come here, their struggle to gain entry, and how they have adapted to their new home. This is a timely subject. Why do people come to America? What are their expectations? Are they welcome? Is America still the "Melting Pot" we once boasted about? We'll view each film, and after a short coffee break, there will be a discussion that's bound to be a lively one.

MEANDERING MUSINGS OF A MUTANT MIND (chapter 8)

At Christmas, why do we sit in front of a dead tree and eat candy out of our socks?

Where would you put it if you had everything?

Why do electric irons have a setting for "permanent press"?

Why doesn't glue stick to the inside of the bottle?

Why is it that so many people are afraid of heights but nobody's afraid of widths?

Why hasn't anybody ever searched for a fountain of 'smart'?



WARNING: ALP MEMBERS WHO DO NOT WEAR THEIR NAME TAGS TO MEMBERSHIP MEETINGS AND CLASSES WILL BE REQUIRED TO WATCH RERUNS OF ALL THE GIANTS' FOOTBALL GAMES THIS YEAR.

ALP REGISTRATION FORM – SPRING 2020

An Adult Learning Program (ALP) membership entitles you to participate in all seminars and single-session classes for which you have registered.

Please fill out this form, and mail it with your check, made out to UCONN/ALP, to:

Adult Learning Program
Hartford County Extension Center
Exchange Building – Suite 262
270 Farmington Ave.
Farmington, CT 06032

For more information, call the ALP Office: (860) 380-5038 or go to our website:
<http://alp.uconn.edu>

----- PLEASE PRINT -----

Name _____
Street _____
Town _____ State _____ Zip _____
Phone _____
Email Address _____

_____ Check here if you are a new member

_____ Check here if you prefer a black and white, rather than colored version, of the ALP-Horn

_____ \$55 One-Semester Membership

_____ \$45 If you are a Seabury at Home, Seabury or Duncaster resident, your fees are reduced in appreciation for the in-kind services space the institutions provide.

\$_____ Donation to ALP

----- HOW ELSE CAN YOU CONTRIBUTE? -----

ALP is a volunteer organization with everyone contributing his/her share. Please let us know which committee/activity you would consider working on or learning about.

_____ Curriculum Committee - Plans all seminars and single-session classes.

_____ Event and Member Support Committee - Integrates new members into ALP, nurtures leadership among members, nominates board members, plans and staffs membership meetings.

_____ Communication Committee - Provides information to potential and current members through word of mouth, the preparation and distribution of promotional handouts, the ALP-Horn newsletter, and the ALP website.

_____ Presentations - Present a seminar or single-session class, or put us in touch with a possible presenter.

ALP REGISTRATION FORM – SPRING 2020
(side 2)

NAME: (Please print):

From the list below, please check the courses you wish to take.

If a course has limited enrollment, there is an asterisk (*) in the course code. First priority in these courses will be given to those who are on the waiting list from the last time the course was offered, if they sign up for the course this semester. Then, a random selection will be made from the others who enroll this semester. You will be notified whether or not you are in the course a few weeks before it begins.

If you find you cannot participate in a seminar, please inform the ALP office at (860-380-5038) so that others may be considered. You do not need to notify the office if you will miss only one class. We will send you a list of your course selections. You can also create your personal calendar on our website: <http://alp.uconn.edu>.

SEMINARS

- | | | |
|-------|--------|---------------------------------|
| _____ | SS-01 | Manet & Monet |
| _____ | SS-02 | Industrial Revolution II |
| _____ | SS-03* | Poetic Metrics |
| _____ | SS-04* | Creative Writing |
| _____ | SS-05 | Movie Buffs |
| _____ | SS-06 | Comedy, Comedians & Comics |
| _____ | SS-07 | Amazing Women |
| _____ | SS-08* | Reading <i>Beloved</i> Together |
| _____ | SS-09 | Mahler's 2nd Symphony |
| _____ | SS-10* | Writing Your Memoirs |
| _____ | SS-11* | Buddhism Today |
| _____ | SS-12 | The Play's the Thing |
| _____ | SS-13 | Urban Ambles |
| _____ | SS-14 | Hikes |
| _____ | SS-15 | Immigrant Experience |

SINGLE- SESSIONS

- | | | |
|-------|--------|-----------------------------|
| _____ | SSS-01 | Nutmeg Nines - Baseball |
| _____ | SSS-02 | Hartford's Restaurant Scene |
| _____ | SSS-03 | Toni Morrison |
| _____ | SSS-04 | Health & Travelogue |
| _____ | SSS-05 | Getting Under Your Skin |
| _____ | SSS-06 | Prudence Crandall's Legacy |
| _____ | SSS-07 | Ancestry Testing |
| _____ | SSS-08 | Dr. Grace Murray Hopper |
| _____ | SSS-09 | Climate Change Impacts |
| _____ | SSS-10 | Comanche & His Captain |
| _____ | SSS-11 | Wildlife and Connecticut |
| _____ | SSS-12 | Health Care |

***ALP* GUEST COUPON**

If you are undecided about becoming a member of the Adult Learning Program, you can use this coupon to attend one session of any class scheduled for our spring 2020 semester free of charge - as our guest.

Your name: _____

Home addr: _____

(please print)

SPRING 2020 SINGLE SESSION CLASSES

SSS-01 Nutmeg Nines - Major League Base Ball in CT

David Arcidiacono, Author -- Monday 10:00-12:00, 2/3 -- Seabury Heritage Hall

Students will enjoy a trip back to the nineteenth century, when base ball was young (yes, it was once two words!) and Connecticut played a key role in its development. The rough and tumble historical highlights of Connecticut's three 19th century major league clubs, the Middletown Mansfields, Hartford Dark Blues and New Haven Elm City club will be presented. Replica nineteenth century bats, balls and gloves will be on display

SSS-02 History & Future of Hartford's Restaurant Scene

James Cosgrove, Restaurateur -- Tuesday 10:00-12:00, 3/3 -- Seabury Heritage Hall

Forty years ago, Jimmy Cosgrove started in Hartford's restaurant business with "The Rising Sun". His iconic and stabilizing presence in Hartford's uneven restaurant scene took root in the early 1980's with a little hole in the wall called "Hot Tomato's". Jimmy, with two partners, opened "Salute" in 2009, where he continues to play a seminal role in Hartford's revitalized restaurant scene. Jimmy Cosgrove will present a singular lens on what ministering to Hartford's expanding appetites has entailed.

SSS-03 Toni Morrison: The First and Final Novels

Jane Barstow, Professor Emerita, University of Hartford -- Thursday 10:30-12:00, 3/12 -- Seabury Heritage Hall

A comparison of *The Bluest Eye* and *God Help the Child* can highlight Toni Morrison's most enduring themes. Of special interest is how "beauty," one of the most destructive ideas according to Morrison, oppresses her protagonists. The Breedlove's embrace of their perceived ugliness; the Bridewell's horror at the "Sudanese" blackness of their baby; the Hollywood icons Shirley Temple and Jean Harlow; the Black is Beautiful movement; and African American cosmetic industries provide important cultural context. Beauty is the Beast in these novels. But there is also artistic beauty to consider as it transcends ugly realities and reaches toward the sublime.

SSS-04 Hepatitis B/D and Romania Travelogue

George & Kathy Wu, Professors of Medicine -- Thursday 2:00-4:00, 3/12 -- Seabury Heritage Hall

Doctors Wu continue to spotlight the clandestine and little understood ongoing lethal warfare we are routinely beset by but recognize only through the haze of abstruse medical labels. The Doctors Wu (husband and wife research team) have spent their careers tracking and exposing the wiles of these pathogens. The depth of their clinical research has been substantiated through international travels, enhancing deeper perspective of the environments, that play inadvertent host to the various forms of life-threatening malaise. The topic for this presentation will be Hepatitis B and D in the destination Romania.

SSS-05 Hamilton: Getting Under Your Skin

Nina Elgo, Judge of the Connecticut Appellate Court -- Wednesday 3:00-5:00, 3/25 -- Seabury Heritage Hall

In 2015, 'Hamilton an American Musical' exploded onto the American stage in a musical retelling of the American Revolution and the forming of our Constitution. Weaving rap, hip-hop, R&B, British rock and traditional musical forms, 'Hamilton' not only earned 11 Tony's, a Grammy Award and the Pulitzer Prize for Drama but challenged us to appreciate the legacy of our nation's birth in a way that has been, in itself, revolutionary. Judge Elgo will talk about the phenomenon of Hamilton and, in particular, its implications for implicit bias.

FALL 2019 SINGLE SESSION CLASSES (page 2 of 3)

SSS-06 Prudence Crandall's Legacy

Don Williams, Executive Director of the CT Education Association -- Friday 1:00-3:00, 3/27 -- Seabury Heritage Hall

This story is of Connecticut's heroine, who taught black and white women in the same classroom in the 1830s, created a national controversy, became a leading abolitionist, was arrested, and was the defendant in the first civil rights trial in America. The arguments by her attorneys helped influence the passage of the 14th Amendment to the Constitution protecting equality, and were cited in the NAACP's brief in *Brown v. Board of Education*, the 1954 Supreme Court case that ended school segregation. In her final years she advocated for voting rights for women and was visited by suffragettes of the era.

SSS-07 Ancestry Testing Services: Pros and Cons

Michael Park, Professor Emeritus, Anthropology, CCSU -- Monday 10:00-12:00, 3/30 -- Seabury Heritage Hall

An analysis of the popular DNA ancestry services such as 23andMe: How do we evaluate the reports? What are the limitations of the services? How can the reports be misinterpreted? To accurately and fairly address these questions we will look at (a) how genetics work, (b) some important aspects of human evolution, and (c) what do we really mean by ancestry. Then we will answer those questions through a detailed look at the ancestry services and how you can interpret your results.

SSS-08 The Legacy of Dr. Grace Murray Hopper

Martha Reingold, Author -- Thursday 10:00-12:00, 4/23 -- McAuley Meeting Room

In the early 1950's, computer programs were written in machine code. Next came 2nd generation assembly languages like BAL. Dr. Hopper was a pioneer in the development of 3rd generation English language programming like COBOL and ALGOL. There will be a brief description of state-of-the-art programming in the mid-50's, a history of Dr. Hopper's work, and what it was like to work for this extraordinary woman and her multi-cultural staff.

SSS-09 Climate Change Impacts on Human Society

Mark Evans, Professor of Geology -- Thursday 1:00-3:00, 4/30 -- Seabury Heritage Hall

A brief overview of the evidence behind climate change will be presented. Then the focus will be on the impacts of climate change on sea level rise and coastal development, water resources in the American west and coastal regions, farming and food supply, and other issues as time allows.

SSS-10 Comanche, the Warhorse & His Captain

Janet Barrett, Author -- Monday 10:00-12:00, 5/4 -- Seabury Heritage Hall

Following Janet Barrett's previous book, "They Called Her Reckless," this is a story about another great warhorse, Comanche, in service to the famed U.S Cavalry at the Battle of Little Bighorn in 1876. No soldier survived. Comanche stood alone as the sole survivor. This is his story.

SSS-11 Wildlife and Connecticut's Changing Landscape

Ellen Castaldini, Master Wildlife Conservationist -- Thurs 10:00-12:00, 5/7 -- Seabury Heritage Hall

The program includes a presentation that describes how changes in Connecticut's landscape over the past 400 years have impacted wildlife. Beautiful wildlife photos highlight the presentation. Participants can handle wildlife pelts, skulls and tracks, and (if they want) test their knowledge of the characteristics and habits of CT wildlife.

FALL 2019 SINGLE SESSION CLASSES (page 3 of 3)

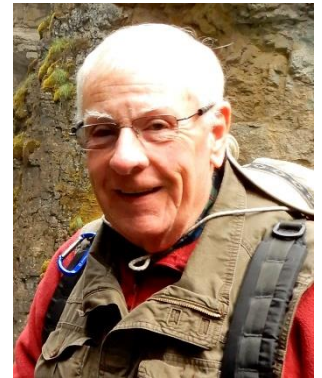
SSS-12 What Makes Health Care so Expensive?

John Cappadona, Doctor -- Wednesday 10:00-12:00, 5/13 -- McAuley Meeting Room

Dr John Cappadona will describe reasons for what makes health care so expensive, and suggest an approach to address this significant issue - a single payer National Health Care Plan. 1 - Why health care is so expensive. 2 - Explanation of for-profit and governmental healthcare insurance systems. 3 - Factors other than insurance influencing costs.

MEET ED RAYMOND

On ALP's website (alp.uconn.edu), there is an archive of photos taken during each of our membership meetings that serves as a pictorial record of the events. For the last 5 years, more than 300 of those photos have been taken by Ed Raymond, a quiet, unassuming man who routinely volunteers his time and expertise to provide us with creative, high quality photos. There is more to Ed Raymond, however, than being a talented amateur photographer. A member of ALP since 2011 when he first began taking Memoir Writing, Hiking and other classes, Ed is a graduate of Northwestern University, a Vietnam veteran, a lifetime bachelor, and a person who is enjoying an active life after a long career as a copywriter for a number of insurance companies.



He is also an ALPer who has taken full advantage of the travel opportunities offered by Road Scholar, one of ALP's educational affiliations. You would think his first experience with foreign travel (*not arranged through Road Scholar*) would have discouraged him. Getting shot within inches of his heart by a sniper in Vietnam was obviously not a pleasant experience and spending months in hospitals recovering from his wound and a bad case of malaria was not exactly a highlight of his first trip abroad.

Ed not only survived the physical and emotional trauma of that trip, but now thrives on the adventures of travel and its related educational experiences. He has participated in biking tours of Nova Scotia, Germany, Austria (along the Danube River), Prince Edward Island and the Netherlands. He has also joined hiking tours of Ireland, Iceland and Banff National Park in the Canadian Rockies. His love for photography, inherited from his father, has also led him to take photo tours of Yellowstone, the Grand Canyon and Costa Rica. He took another Road Scholar trip to Alaska (*where he unexpectedly encountered fellow ALPers Margo and Rob Titus*) and will be heading off to South Africa for a safari in October.

Ed, of course, continues to participate in local hikes offered by ALP each semester and has used his travel experiences as a source for some of the memoirs he has written for Leta Marks' writing class. Several of his writings have been posted on our website. While we know he will also be attending other classes of interest this semester, we hope Ed will be around for all of this year's membership meetings as well. We would miss his camera skills, his keen eye for selecting subject matter, his ability to be unobtrusive while taking photos and, of course, Ed.



kudos

"Portraits of a First-Century Jew was a mind expanding class. A focusing subject taught by John Gettier, a master teacher with substantial supporting text."

– Katherine I.

HAPPY NEW YEAR!!!



There are traditions associated with every American holiday and our upcoming New Year's Eve/Day has more than its share with most people participating in at least one of the following activities: attend a party, make a lot of noise, have a drink or two or more, watch the Times Square ball

drop, wear a silly hat, sing Auld Lang Syne, kiss somebody/everybody/anybody, and have at least two glasses of Alka-Seltzer in the morning.

But America is a melting pot of diverse nationalities so there's a good chance that you or one of your neighbors is following one of the following "old country" traditions as well.

In **Spain**, it's customary to eat 12 grapes – one at each stroke of the clock at midnight on New Year's Eve. Each grape represents good luck for one month of the coming year. In bigger cities, people gather in main squares to eat their grapes together and pass around bottles of cava.

People in **Denmark** greet the New Year by throwing old plates and glasses against the doors of family and friends to banish bad spirits. They also stand on chairs and jump off of them together at midnight to "leap" into January in hopes it will bring them good luck.

To drive off evil spirits for a fresh New Year's start, it is traditional for **Panamanians** to burn effigies of well-known people such as television characters and political figures. The effigies are meant to represent the old year.

During **Scotland's** New Year's Eve celebration of Hogmanay, "first-footing" is practiced across the country. The first person who crosses a threshold of a home in the New Year should carry a gift for luck. Scots also hold bonfire ceremonies where people parade while swinging giant fireballs on poles, supposedly symbols of the sun, to purify the coming year.

In **Brazil**, as well as other Central and South American countries like **Ecuador**, **Bolivia**, and **Venezuela**, it is thought to be lucky to wear special underwear on New Year's Eve. The most popular colors are red, thought to bring love in the New Year, and yellow, thought to bring money.

An onion is traditionally hung on the front door of homes in **Greece** as a symbol of rebirth in the New Year. On New Year's Day, parents wake their children by tapping them on the head with the onion.

SONNET TO EACH DAY'S NOVELTY

by Kim Hunt

The undercurrents of my mind
Work like a cryptic semaphore.
They make me feel I'm reading blind,
Or gone adrift while still on shore.

I know today is different,
It's not apparent in what way –
A sense there's some refurbishment
That underlies this routine day.

The mulberry just dropped its leaves,
Some think the rain will change to snow.
Perhaps a need for drama skeeves
At my lackluster, routine show.

More likely, it's how thought contrives;
Its novel prompts are what revives.

FOOD FOR THOUGHT

Honesty may be the best policy, but it's important to remember that apparently, by elimination, dishonesty is the second-best policy.

Never be afraid to try something new.
Remember that a lone amateur built the Ark. A large group of professionals built the Titanic.



I had to take three bathroom breaks during my 100 meter race and I still came in second.

COURSE LISTINGS BY DAY OF WEEK

MONDAY

SS-04*	Creative Writing	1:00-3:00	2/17, 2/24, 3/2, 3/9, 3/16, 3/23
SS-12	The Play's the Thing	1:00-3:00	4/6, 4/13, 4/20, 4/27
SSS-01	Nutmeg Nines - Baseball	10:00-12:00	2/3
SSS-07	Ancestry Testing	10:00-12:00	3/30
SSS-10	Comanche & His Captain	10:00-12:00	5/4

TUESDAY

SS-03*	Poetic Metrics	10:00-12:00	2/4, 2/11, 2/18, 2/25
SS-06	Comedy, Comedians & Comics	9:30-12:00	3/10, 3/17
SS-09	Mahler's 2nd Symphony	10:00-12:00	3/24, 3/31, 4/7
SS-10*	Writing Your Memoirs	1:00-3:00	3/24, 3/31, 4/7, 4/14
SS-15	Immigrant Experience	1:00-4:00	4/28, 5/5, 5/12, 5/19
SSS-02	Hartford's Restaurant Scene	10:00-12:00	3/3

WEDNESDAY

SS-01	Manet & Monet	1:30-3:00	1/29, 2/5
SS-05	Movie Buffs	10:30-12:00	3/4, 4/1, 5/6
SS-07	Amazing Women	10:00-12:00	3/11, 3/18, 3/25
SS-11*	Buddhism Today	3:00-5:00	4/1, 4/8, 4/15, 4/22, 4/29
SSS-05	Getting Under Your Skin	3:00-5:00	3/25
SSS-12	Health Care	10:00-12:00	5/13

THURSDAY

SS-02	Industrial Revolution II	10:00-12:00	1/30, 2/6, 2/13, 2/20, 2/27, 3/5
SS-08*	Reading <i>Beloved</i> Together	10:30-12:00	3/19, 3/26, 4/2
SSS-03	Toni Morrison	10:30-12:00	3/12
SSS-04	Health & Travelogue	2:00-4:00	3/12
SSS-08	Dr. Grace Murray Hopper	10:00-12:00	4/23
SSS-09	Climate Change Impacts	1:00-3:00	4/30
SSS-11	Wildlife and Connecticut	10:00-12:00	5/7

FRIDAY

SS-13	Urban Ambles	9:30-12:00	4/17, 5/1, 5/15
SS-14	Hikes	9:30-12:00	4/24, 5/8, 5/22, 5/29
SSS-06	Prudence Crandall's Legacy	1:00-3:00	3/27



kudos

*"The **Baroque Musical Salon** class was such a treat. There's nowhere else I could listen and enjoy this music while getting an understanding of it at the same time. Thank you Walter Mayo."*

- Mary W.



ADULT LEARNING PROGRAM INC.

Hartford County Extension Center
Exchange Building – Suite 262
270 Farmington Ave.
Farmington, CT 06032

Coordinator: Bertina Williams
860-380-5038 (Hours by appointment)
E-mail: admin@uconnalp.org
Editor: Bob Ellis

What Is ALP?

ALP is a self-governing, non-profit organization composed largely of retired people who share a common interest in ongoing education. Members participate in courses presented by fellow members and guest lecturers on a variety of subjects. It is associated with the Department of Extension at the University of Connecticut and is one of more than 400 Lifelong Learning Institutes in Retirement affiliated with the Road Scholar Institute Network. Visit us at <http://alp.uconn.edu>.

Meeting Places

Seabury
200 Seabury Dr.
Bloomfield, CT

Duncaster
40 Loeffler Rd.
Bloomfield, CT

The McAuley
275 Steele Rd.
W. Hartford, CT

ALP SPRING PREVIEW MEETING

THURSDAY, JANUARY 16, 2020

9:30AM – 12 NOON

Seabury Chapel

**Your opportunity to learn about ALP's spring semester
curriculum and hear our featured speaker:**

Will K. Wilkins

Executive Director, Real Art Ways

"Creativity, Excellence and Innovation"