



Newsletter of the ADULT LEARNING PROGRAM

FALL PREVIEW MEETING

Tuesday, September 15th, 10:00–Noon
via Zoom Teleconferencing

Editor's Note: No, there is no profile of a Guest Speaker in this issue of The Horn because there is no guest speaker at this semester's Preview Meeting. Instead we are publishing a letter from Phil Will, ALP's outgoing Co-Chair. Phil is largely responsible for introducing the Board of Directors to the technology that will enable us to offer our membership a curriculum of interesting courses despite the loss of our usual venue. We are all indebted to his leadership in this effort.



Dear Past, Present, and Future ALP Members,

ALP has a long distinguished history of providing quality life-long, low-cost learning opportunities for seniors. This in part has been possible through the cooperation of local life care communities, especially Seabury, providing space, equipment and other much appreciated services. The isolation imposed by the pandemic has posed an unexpected challenge to how we normally operate. The obvious direction has been to move toward virtual learning, requiring people to confront new technology and a new way of learning.

Over the past few months, the ALP Board of Directors and its committees have been working hard to deliver an exciting fall curriculum using virtual learning. The diverse line-up of courses described in this issue of the Horn provides material that you should find appealing. There's something for everyone.

To conduct these courses, we have settled on the Zoom platform which many of you have already experienced in other parts of your lives. An ad-hoc technical committee has developed guidelines and protocols for our participants, presenters, course coordinators, and Zoom "hosts" which will help us make the best use of the technology and provide you with a quality learning experience.

Although we will miss the camaraderie that comes with in-person gatherings, virtual meetings do offer an opportunity to see each other and participate in class sessions. They also offer an opportunity for those who might have been reluctant to come to previous sessions because of distance, parking or mobility issues that otherwise discourage them from participating.

Elsewhere in this issue of the ALP-Horn and on our web site (alp.uconn.edu), you'll find Zoom Guidelines and links to other websites that will help you get the best possible experience from these sessions. We have found that even someone not familiar with this process can participate much more easily than one would think. I hope all of you take advantage of this unique learning opportunity during these difficult times and I look forward to seeing many new and familiar faces as we move forward.

Sincerely,
Phil Will, ALP Board of Directors Co-Chair

PREVIEW MEETING AGENDA

The traditional agenda for the Preview Meeting has been modified to fit the occasion:

- 9:00 **Zoom Meeting Preparation:** (1) Get dressed – if you feel like it. (2) Grab a cup of coffee. (3) Turn on the computer. (4) Play one game of solitaire. (5) Use computer's camera to check hair and makeup. (6) Repair image. (7) Check e-mail for invitation and click on the Zoom link to join meeting. (8) Click on the video icon to share your repaired image with other participants.
- 10:00 **Introduction of Presenters** for the fall semester courses. Each Presenter will provide a brief monologue about their course.
- 10:45 Members may ask questions of Presenters using Zoom's "Raise Your Hand" feature (see *Guidelines on page 3*).
- 11:30 Presentation of ALP's new Online Registration system.
- 12:00 Adjournment

PREVIEW MEETING PARKING

Leave your car in the garage.
Park yourself in front of a
computer screen.

NAME TAG REMINDER

For the first time ever, you do not have to wear your ALP name tag to attend our Fall Preview Meeting. To ensure proper identification when you attend Zoom classes, however, you must submit a DNA sample, your social security number, and at least one fingerprint when registering. As an alternative, you may register using our new online system. See *page 9*.

ANNUAL BUSINESS MEETING NOW SET FOR THURSDAY, SEPT 17, 10:00AM via Zoom

ALP's Board of Directors has decided that combining the Annual Business Meeting with the Preview Meeting using unfamiliar teleconferencing technology poses a level of difficulty that we need not assume. Instead, we will conduct a separate Zoom session on September 17th to host the Annual Meeting and review required business matters with the membership.

As with the Preview Meeting, e-mailed invitations to the Zoom-conducted Annual Meeting will be sent to the entire membership. Among the "State of ALP" business matters to be discussed, participants will have the opportunity to vote on the new 2020-2021 budget as well as the slate of new Directors to be added to the Board of Directors.

Participants will also be able to see a presentation of the new Online Registration system.

ANNUAL MEETING LUNCHEON

Normally held in June, there will be no luncheon this year due to the Coronavirus. The Zoom teleconferencing app does not do virtual cooking. Members are instead being asked to prepare their own lunch after the meeting.

ZOOM GUIDELINES FOR ALP MEMBERS



As previously announced, ALP will be using the Zoom teleconferencing platform to conduct its classes during the Coronavirus pandemic. While new technology can be a challenge for many, we hope that the following information will help make it easier for you to join all the classes you want to attend this fall semester. We will also be offering training sessions to get you more familiar with the Zoom experience. A schedule of those sessions appears at the end of this article.

REQUIREMENTS:

1. You can connect to any Zoom video session with any device that has access to the internet. If you don't have any such device, you can listen to any session with your phone.
2. For easier access, you should go to the Zoom website at <https://zoom.us/download>, to download the Zoom App before the scheduled session. If you don't, Zoom will prompt you to download the app when you try to use it and it will delay your joining the session.

NOTE: After downloading the Zoom App, you will be prompted to open a Zoom account. This is not necessary to participate in an ALP class and you can simply close the prompt window.

JOINING A MEETING: Sessions in Zoom are started by a "Host" who is generally a member of ALP's Curriculum Committee. If you have registered to attend a Zoom-conducted class, the Host will either e-mail or mail you an Invitation to join the class at the appropriate date and time. The e-mail invitation will contain a link to the Zoom session. The mailed invitation will contain a phone number to call if you wish to connect to just the audio portion of the session. It will also contain instructions on how to participate.

For security purposes, the Host may restrict access to a session by establishing a "Waiting Room" where the Host (or Co-Host) can verify the participant's identity before admittance to the session. Once the session has started, the Host will turn over control of the session by assigning Co-Hosting rights to the Presenter of the class. The session will then remain active until the Host or Co-Host leaves the session at the conclusion of the class.

ZOOM TOOLBAR: A Zoom icon toolbar appearing at the bottom of the screen for computers, or at the top for iPads, provides a variety of functions that may be used during a Zoom session. Regardless of their location, the use of the toolbars as described below are the same.

PARTICIPATION: Generally, in larger classes, participant **microphones** (mics) will be muted at the beginning to eliminate background noise. Hosts and Co-Hosts can mute and unmute mics collectively or individually during the session. If you wish to speak when the Host or Co-Host opens up the session for members to participate, you need to unmute your mic. Click on the mic icon on the Zoom Toolbar. It will have a red slash through it to indicate you are currently muted. Clicking on it will remove the slash.

In large groups, there may be many who wish to participate at the same time and the Co-Host may ask members to raise their hands to better control the participation. With Zoom, you can "**raise your hand**" by doing the following:

1. Click on the PARTICIPANTS dialog box located on the Zoom Toolbar.
2. Click on "raise hand" displayed at the bottom of the dialog box.

A hand icon will appear next to the names of each Participant who has "raised their hand." The Co-Host will call upon and unmute each participant in the sequence in which their hands were raised. Once you have finished, either you or the Co-Host may re-mute your mic and click on the hand next to your name to turn it off. You can repeat the "Raise Your Hand" process as often as necessary. (continued on page 4)

ZOOM GUIDELINES FOR ALP MEMBERS (cont'd)

VIEWING: You have two format choices for how you view images during the class:

Speaker View is the default setting and shows the person speaking in a large image and other attendees in tiny boxes off to the side or at the bottom of your screen.

Gallery View shows everyone in equally-sized boxes.

The format buttons are usually in the upper right or left corners of your screen. You make your choice and switch back and forth simply by clicking on the format you prefer.

Whether or not your own image is seen by other participants is your choice. The camera icon located on the Zoom Toolbar controls your visibility. A red slash through the icon indicates only your name is visible to others. Clicking on the icon will remove the slash and make your image visible to all participants. If you change your mind, click on the icon again.

CHATTING: If you wish to send a message to one, several or all of the members attending your class,

1. Click on the “Chat” icon located on the Zoom Toolbar.
2. In the Chat Dialog Box, select the appropriate recipient(s).
3. Enter your message in the space provided at the bottom of the dialog box.
4. Press “enter” on your keyboard.

Your message will pop up on the screen of each recipient selected.

TRAINING SESSION SCHEDULE

Next week (Aug 24), you will receive an e-mail invitation to register for your assigned training session. You will later receive a second invitation containing a link to join the training session. It is preferred that you join at the beginning of your session but the material to be covered will be repeated so joining late will still be beneficial.

Session 1 = September 1st – 1:00 to 3:00

Session 2 = September 3rd – 1:00 to 3:00

Session 3 = September 7th – 10:00 to 12:00

Session 4 = September 9th – 10:00 to 12:00

MEANDERING MUSINGS OF A MUTANT MIND (Chapter 10)

- Half the people you know are below average.
- The problem with the gene pool is that there’s no lifeguard.
- The hardness of butter is proportional to the softness of the bread.
- Nostalgia is not what it used to be.
- A closed mouth gathers no foot.



FALL 2020 MULTI-SESSION SEMINARS

An asterisk (*) next to the course code indicates a course has limited enrollment.

See Registration Form, side 2.

NOTE: The views expressed by the presenters of ALP courses do not necessarily reflect the views of the ALP organization or the members of its Board of Directors.

FS-01 America after the Cold War

Richard Woodring, Professor of Civil Engineering, Emeritus -- Thursdays 10:00-12:00, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29 -- Zoom Teleconference

This course covers the history of the United States after the fall of the Berlin Wall through to the election of President Trump. The fall of the "Wall" and the demise of the Soviet Union ushered in a new period that many felt would be smooth sailing. It did not work out that way with many new challenges and upheavals. This course will relive those years, many of turmoil, through DVD's preceded by comments from Dr. Woodring followed by questions and comments from the audience.

FS-02* Creative Writing

Kim Hunt & Kathy Carle -- Mondays 1:00-3:00, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16 -- Zoom Teleconference Size Limit: 15

This is a discussion group for both the beginner and the more experienced writer. The spectrum of creative writing: essay, fiction, memoir, poetry, free verse - commonly involves guided reflection. Issues of trust, motivation, privacy, habit, goal, structure and quality entwine to both hamper and clarify the beckoning impulse, enticed by discoveries in 'creativity'. Reflection offers vast reprieve for much that causes us to grieve.

FS-03 Hikes

Kevin Gough, Wintonbury Land Trust -- Wednesdays or Fridays 9:30-12:00, 10/14, 10/16, 10/28, 10/30, 11/11, 11/13 -- Offsite TBA

We will visit hiking trails within a 20-mile radius of Bloomfield which have been recommended for their natural beauty, historical significance, flora and fauna, or other unique characteristics. Carpooling will often be suggested. Participants should be able to walk 2 1/2 to 3 miles over uneven terrain. In light of the CDC/State social distancing guidelines, we may schedule additional hikes on the 3 previous Wednesdays to accommodate all registered hikers.

FS-04 The Amazing Women of CT's History

Davida Crabtree, Reverend Doctor -- Wednesdays 1:00-2:30, 10/14, 10/21, 10/28, 11/4, 11/11, 11/18 -- Zoom Teleconference

CT's heritage is filled with stories of amazing women from colonial times to the present. We'll celebrate the 100th anniversary of women's suffrage with this retrospective told as biography..

WHY VOTE?

"Politicians and diapers must be changed often . . . and for the same reason." - Mark Twain

"A people that elect corrupt politicians, imposters, thieves and traitors are not victims but accomplices." - George Orwell

"Just because you do not take an interest in politics does not mean politics won't take an interest in you." - Pericles (450 BC)

"In America, anyone can become President. That's the problem." - George Carlin

FALL 2020 MULTI-SESSION SEMINARS (page 2 of 2)

FS-05 Toni Morrison: The First and Final Novels

Jane Barstow, Professor Emerita, University of Hartford -- Tuesday & Thursday 1:00-2:30, 10/27, 10/29 -- Zoom Teleconference

A comparison of "The Bluest Eye" and "God Help the Child" can highlight Toni Morrison's most enduring themes. Of special interest is how "beauty," one of the most destructive ideas according to Morrison, oppresses her protagonists. The Breedlove's embrace of their perceived ugliness, the Bridewells' horror at the "Sudanese" blackness of their baby; the Hollywood icons Shirley Temple and Jean Harlow, the Black is Beautiful movement, and African American cosmetic industries provide important cultural context. Beauty is the Beast in these novels. But there is also artistic beauty to consider as it transcends ugly realities and reaches toward the sublime.

FS-06 Beethoven's Symphony

Howard Sprout, Baritone Soloist -- Tuesdays 10:00-12:00, 11/3, 11/10, 11/17, 11/24 -- Zoom Teleconference

Howard Sprout is excited to propose the course "Haydn to Heroics: Beethoven Symphonies 1 - 4" for this 250th anniversary of Beethoven's birth. This course will discuss the life and times of Ludwig Van Beethoven from 1800 through 1806. This was a period of profound life changes for Beethoven and tectonic political changes in Europe. These four symphonies are Beethoven's reaction to these changes. Howard plans to break each symphony's presentation into four sections - one section for each movement. Each section will have a pre-recorded video segment accompanied with time for discussion "face-to-face" via Zoom.

FS-07 Artists, Rogues, Game-Changers and Rebels

Leo Pigaty, Accomplished Lecturer -- Mondays 10:00-12:00, 11/23, 11/30, 12/7, 12/14 -- Zoom Teleconference

This is about the great painters of art history. The first lecture features two classic rogues - Caravaggio and Gauguin - and how their roguish behavior sometimes overshadowed their accomplishments. The second lecture features Whistler and how his eccentricities influenced his art. The third lecture addresses great painters of the last 700 years and identifies the game-changers, evolutionists and rebels of art history. The course is original content developed by the lecturer using a wide variety of information sources.

BRIDGE AND BUGS

According to a study conducted by the University of California, the game of bridge may boost your immune system, the body's main defense against harmful infections and illness. The study monitored test subjects as they played bridge and found an increase in disease-fighting T-cells in the majority of players, proving for the first time that brain activity and the immune system are closely connected.

Editor's Note: Great. Besides being miserable with the physical symptoms of the bug, now we'll all suffer from the social stigma of not having the amount of brain activity required to avoid the bug in the first place.



ALP MEMBERSHIP REGISTRATION FORM --

FALL 2020

See page 9 of this newsletter for instructions on how to register online.

An Adult Learning Program (ALP) membership entitles you to participate in all seminars and single-session classes for which you have registered. **If you registered and paid for the Spring 2020 semester, there will be NO-Charge for the Fall 2020 term.**

Please fill out this form, and mail it with your check, made out to UCONN/ALP, to:

Adult Learning Program
Hartford County Extension Center
Exchange Building – Suite 262
270 Farmington Ave.
Farmington, CT 06032

For more information, call - ALP office:(860) 785-5609 or go to our website: <http://alp.uconn.edu>

----- PLEASE PRINT -----

Name _____

Street _____

Town _____ State _____ Zip _____

Phone _____

Email Address _____

_____ Check here if you are a new member

_____ Check here if you prefer a black and white, rather than colored version, of the ALP-Horn.

_____ \$55 One-Semester Membership

_____ \$45 If you are a Seabury at Home, Seabury or Duncaster resident, your fees are reduced
in appreciation for the in-kind services space the institutions provide.

_____ \$0.00 Fall 2020, if registered and paid for the Spring 2020 semester.

\$_____ Donation to ALP

----- HOW ELSE WILL YOU CONTRIBUTE? -----

ALP is a volunteer organization with everyone contributing his/her share. Please let us know which committee/activity you would consider working on or learning about.

_____ Curriculum Committee - Plans all seminars and single-session classes.

_____ Membership and Events Committee - Integrates new members into ALP, nurtures leadership among members, nominates board members, plans and staffs membership meetings.

_____ Communication Committee - Provides information to potential and current members through word of mouth, the preparation and distribution of promotional handouts, the ALP-Horn newsletter, and the ALP website.

_____ Presentations - Present a seminar or single-session class, or put us in touch with a possible presenter.

ALP REGISTRATION FORM – FALL 2020

(side 2)

NAME: (Please print): _____

From the list below, please check the courses you wish to take . All 2020 fall semester courses, except Hikes, will be conducted through Zoom Teleconferencing.

If a course has limited enrollment, there is an asterisk (*) in the course code. First priority in these courses will be given to those who are on the waiting list from the last time the course was offered, if they sign up for the course this semester. Then, a random selection will be made from the others who enroll this semester. You will be notified whether or not you are in the course as soon as possible after the Preview Meeting.

If you find you cannot participate in a seminar, please inform the ALP office at (860-785-5609) so that others may be considered. You do not need to notify the office if you will miss only one class.

We will send you a list of your course selections. You can also create your personal calendar on our website: <http://alp.uconn.edu>

SEMINARS

- _____ FS-01 America after the Cold War
- _____ FS-02* Creative Writing
- _____ FS-03 Hikes
- _____ FS-04 Amazing Women
- _____ FS-05 Toni Morrison
- _____ FS-06 Beethoven's Symphony
- _____ FS-07 Great Painters

SINGLE- SESSIONS

- _____ FSS-01 Hamilton
- _____ FSS-02 George Washington and Spies
- _____ FSS-03 Revolutionary War Archaeology
- _____ FSS-04 Opera Concerns
- _____ FSS-05 Health Care
- _____ FSS-06 Management of Stresses
- _____ FSS-07 Health & Travelogue
- _____ FSS-08 Dr. Grace Murray Hopper
- _____ FSS-09 Prudence Crandall's Legacy

Don't forget: If you registered and paid for the cancelled spring semester, you will not be charged for the fall semester.

FALL 2020 SINGLE SESSION CLASSES

FSS-01 Hamilton: Getting Under Your Skin

Nina Elgo, Judge of the Connecticut Appellate Court -- Friday 2:00-4:00, 9/25 -- Zoom Teleconference

In 2015, 'Hamilton an American Musical' exploded onto the American stage in a musical retelling of the American Revolution and the forming of our Constitution. Weaving rap, hip-hop, R&B, British rock and traditional musical forms, 'Hamilton' not only earned 11 Tonys, a Grammy Award and the Pulitzer Prize for Drama but challenged us to appreciate the legacy of our nation's birth in a way that has been, in itself, revolutionary. Judge Elgo will talk about the phenomenon of Hamilton and, in particular, its implications for implicit bias.

FSS-02 George Washington and Spies in the Revolution

Liz Burke, Speech Pathologist -- Wednesday 10:00-12:00, 9/30 -- Zoom Teleconference

Liz Burke presented this program to the Windsor Historical Society two years ago and it was well received. It deals with George Washington and his spy network during the Revolutionary War. She will also provide an exhibit of objects related to spying.

FSS-03 Revolutionary War: Skeletons, Battlefields & Camps

Nick Bellantoni, Emeritus CT State Archaeologist, UCONN -- Friday 10:00-12:00, 10/2 -- Zoom Teleconference

Dr. Bellantoni will discuss what archaeology has contributed to our understanding of the Revolutionary War in Connecticut. He and his team are currently studying the skeletons that they exhumed in Ridgefield to see if they are British or colonial. He will also talk about the battles against the British at the Forts Griswold, Wooster, Stamford and Saybrook. The French also had a presence and their campsites have been excavated. Because of archaeology, we have a better understanding of how the soldiers lived, what they ate, and the types of munitions used as the war was waged.

FSS-04 Opera Performance Concerns in 2020 & Beyond

Doris Lang Kosloff, Director of the Hartt Opera Program -- Monday 10:00-12:00, 10/5 -- Zoom Teleconference

The sudden rise of pandemic conditions due to COVID-19 and the cultural revolution triggered in the U.S. by intense revelation of racial inequalities embedded in American culture are raising new issues that must be addressed by Artistic Directors in productions going forward. Come hear Doris Lang Kosloff, Artistic Director of Opera Connecticut, discuss some of these issues that will need to be addressed in upcoming productions by Opera Connecticut and other opera companies when performances begin again.

FSS-05 What Makes Health Care So Expensive?

John Cappadona, Doctor -- Wednesday 10:00-12:00, 10/7 -- Zoom Teleconference

Dr. Cappadona will describe reasons for what makes health care so expensive, and suggest an approach to address this significant issue - a single payer National Health Care Plan. 1 - Why health care is so expensive. 2 - Explanation of for-profit and governmental health care insurance systems, 3 - Factors other than insurance influencing costs.

FSS-06 Management of Variable Stresses

Deborah Wilson, International trainer, consultant, coach and motivational speaker -- Friday 10:00-12:00, 10/9 -- Zoom Teleconference

Stress in our lives comes from 3 primary sources: psychological, physiological and situational. This 2-hour presentation will examine each of these pathways and how we can implement doable, daily practices to optimize the quality of our lives. We will also look at ways to intercept stress.

FALL 2020 SINGLE SESSION CLASSES (page 2 of 2)

FSS-07 Hepatitis B/D and Romania Travelogue

George & Kathy Wu, Professors of Medicine -- Thursday 2:00-4:00, 11/19 -- Zoom Teleconference

Doctors Wu continue to spotlight the clandestine and little understood ongoing lethal warfare we are routinely beset by but recognize only through the haze of abstruse medical labels. The Doctors Wu (husband and wife research team) have spent their careers tracking and exposing the wiles of these pathogens. The depth of their clinical research has been substantiated through international travels, enhancing deeper perspective of the environments that play inadvertent host to the various forms of life-threatening malaise. The topic for this presentation will be Hepatitis B and D in the destination Romania.

FSS-08 The Legacy of Dr. Grace Murray Hopper

Martha Reingold, Author -- Tuesday 10:00-12:00, 12/1 -- Zoom Teleconference

In the early 1950's, computer programs were written in machine code. Next came 2nd generation assembly languages like BAL. Dr. Hopper was a pioneer in the development of 3rd generation English language programming like COBOL and ALGOL. There will be a brief description of state-of-the-art programming in the mid-50's, a history of Dr. Hopper's work, and what it was like to work for this extraordinary woman and her multi-cultural staff.

FSS-09 Prudence Crandall's Legacy

Don Williams, Executive Director of the CT Education Association -- Friday 10:00-12:00, 12/4 -- Zoom Teleconference

This story is of Connecticut's heroine, who taught black and white women in the same classroom in the 1830s, created a national controversy, became a leading abolitionist, was arrested, and was the defendant in the first civil rights trial in America. The arguments by her attorneys helped influence the passage of the 14th Amendment to the Constitution protecting equality, and were cited in the NAACP's brief in *Brown v. Board of Education*, the 1954 Supreme Court case that ended school segregation. In her final years she advocated for voting rights for women and was visited by suffragettes of the era.

ANOTHER STUPID JOKE



Sam and Gladys were asleep in bed the other night when they heard a knock on the front door. Sam reluctantly dragged himself out of bed and went downstairs. Opening the door, he saw his next door neighbor George standing there, slightly inebriated.

"Hi there," slurred George. "Can you give me a push?"

"No, get lost. It's three in the morning. I was in bed," said Sam and slammed the door. He went back up to bed and told Gladys what happened.

Gladys said "Sam, that wasn't very nice of you. He's our neighbor and he needs our help." So Sam got out of bed again, got dressed, and went downstairs. He opened the door, and not being able to see George anywhere he shouted, "Hey George, do you still want a push"??

And he heard a voice cry out, "Yes, please."

Still being unable to see George, Sam shouted "Where are you?"

George replied, "Over here, on the swing."

ONLINE REGISTRATION NOW AVAILABLE!

by Errol Matzke, Project Chair



We are happy to tell you that our online registration upgrade is now complete and in place, ready for your use for the fall semester. We hope very much that you will use the new system to register for whatever ALP event you plan to attend. It makes registration easier and saves ALP a lot of time, effort and money in not having to manually process checks and compile data. **NOTE: To use the online system to register for classes you do need a credit card and an email address. If you don't have both of these, you can still register for**

classes by using the mail-in form included with this newsletter as you have been doing in the past. To make it convenient for you to register, we've incorporated the online system into the ALP web site. Here's how to use it:

1. Go to the ALP web site (alp.uconn.edu).
2. Click on the REGISTRATION tab to bring up the drop down menu of registration forms (Online Class Registration, Mail-In Form or Special Events).
3. Click on your selection to take you to the appropriate registration page.
4. **Mail-In Form:** If you decide to register for classes the old fashioned way, print out the Registration Form, complete it and mail it to the specified address with your check (if applicable).
5. **Special Events:** This page is not yet active. In the future it will contain links to be used if you wish to register for special events, such as the Spring Gala. When you use it, you will be taken to step 6b below.
6. **Online Class Registration:** You don't need to log in to register for classes, but if you do, your class selections will be automatically entered on your personal ALP calendar. In either case, follow these steps:
 - a. Follow the instructions on the top of the page, and click on the boxes next to the courses you wish to attend.
 - b. Click on "Submit Registration and Pay Fee" to bring up the Address form needed by the system to identify who is registering.
 - c. After completing the Address form, click on "Confirm your Order" to complete your registration.
 - d. If the information regarding your selections and address is correct, go to the "Payment Details" section at the bottom of the page. If you are paying dues or making a donation, enter the credit card data. If you owe no dues or are not making a donation, you will not be asked for a credit card.
 - e. Click on "Place Order." You will see the "Order is Complete" page, which lists your courses and gives you a receipt for payment. You can copy that page. It will also be emailed to the email address you gave.

Once again, we hope you give the new registration system a try. We think you'll enjoy the convenience and we'll all enjoy the cost savings. If you encounter a problem with the system or instructions, or otherwise need help, contact our Coordinator, Agnes Pier at 860-785-5609 or admin@uconnalp.org. She'll be glad to help.

MEET ANN WINSHIP



Sometimes the success of an organization is determined by the right person being in the right place at the right time. In the year 2000, Ann Winship, Director of Public relations and Senior Marketing Counselor at Seabury, was interested in establishing an in-house adult education program. At the same time, ALP was in its final throes of trying to find a suitable venue to conduct its classes after being forced to leave the Hamilton Heights Home and spending a frustrating year trying to conduct classes at Emanuel Synagogue. Beth Marshall was one of ALP's most enthusiastic members at the time and happened to visit her friend Ann as a prelude to Beth's possible move into Seabury. Listening to Beth's description of the ALP program, Ann not only recognized its potential but used her long time business experience of knowing how to make things happen. She immediately introduced Beth to John Mobley, Seabury's CEO, and the rest, as they say, is history. Call it luck or fate but if just one of those conditions hadn't been in place, who knows where ALP would be today?

A widowed mother of three children and four grandchildren, Ann is a graduate of Wheaton College in Norton Mass. She has an impressive resume depicting responsibilities involving both civic and charitable organizations. She was very involved in the town of Simsbury and for 20 years managed her own business, a popular Simsbury clothing store named The Salt Box. Ann became head of Simsbury's Economic Development Commission and also served on the Board of Directors of their Chamber of Commerce and on a number of civic Boards and Committees including Child and Family Services in Simsbury and The Wadsworth Athenaeum. For a number of years, she also organized and coordinated Simsbury's annual September Fest. Because of her efforts and the results she achieved, Ann received Simsbury's Hometown Heroes award in 1989.

Another of her responsibilities at Seabury was as Director of the newly formed Seabury Charitable Foundation that provided financial assistance to Seabury residents who needed help and supported projects that would enhance the lives of residents. Accepting her first challenge, she succeeded in raising three million dollars in three years for the charity. For this accomplishment, the Board of Directors gave Ann an award and a congratulatory plaque.

A long time skier and tennis player, she has curtailed much of her sporting activities lately due to a bad hamstring pull on the pickleball court, but she continues to be active by taking Tai Chi and Yoga classes and walking her labradoodle Henley 2-3 miles a day. Previously serving as the head of Seabury's Communication Committee, Co-Chair of their Sports and Games Committee and on the Board of the Seabury Charitable Foundation, she still volunteers for as many committees as time will allow. And, of course, she has been very much involved with ALP, serving as Board Secretary and Co-chair of the Member and Event Support Committee. If elected at this year's Annual Meeting, she will next serve as Seabury's representative on the Board of Directors.

"I love both Seabury and ALP for all they do to make our lives a rewarding experience. I'm passionate about doing everything I can to make both of them as successful as they can be."

Ann Winship, a busy, dedicated lady who on at least one occasion affected the lives of many retirees by being in the right place at the right time . . . and we thank her.

THE THREE HARDEST THINGS TO SAY

1. I'm sorry.
2. I need help.
3. Worcestershire Sauce

COURSE LISTINGS BY DAY OF WEEK

MONDAY

| | | | |
|--------|------------------|-------------|--|
| FS-02* | Creative Writing | 1:00-3:00 | 10/12, 10/19, 10/26, 11/2, 11/9, 11/16 |
| FS-07 | Great Painters | 10:00-12:00 | 11/23, 11/30, 12/7, 12/14 |
| FSS-04 | Opera Concerns | 10:00-12:00 | 10/5 |

TUESDAY

| | | | |
|--------|-------------------------|-------------|---------------------------|
| FS-05 | Toni Morrison | 1:00-2:30 | 10/27 |
| FS-06 | Beethoven's Symphony | 10:00-12:00 | 11/3, 11/10, 11/17, 11/24 |
| FSS-08 | Dr. Grace Murray Hopper | 10:00-12:00 | 12/1 |

WEDNESDAY

| | | | |
|--------|-----------------------------|-------------|---|
| FS-03 | Hikes | 9:30-12:00 | 10/14, 10/28, 11/11 |
| FS-04 | Amazing Women | 1:00-2:30 | 10/14, 10/21, 10/28, 11/4, 11/11, 11/18 |
| FSS-02 | George Washington and Spies | 10:00-12:00 | 9/30 |
| FSS-05 | Health Care | 10:00-12:00 | 10/7 |

THURSDAY

| | | | |
|--------|----------------------------|-------------|---------------------------------------|
| FS-01 | America after the Cold War | 10:00-12:00 | 9/24, 10/1, 10/8, 10/15, 10/22, 10/29 |
| FS-05 | Toni Morrison | 1:00-2:30 | 10/29 |
| FSS-07 | Health & Travelogue | 2:00-4:00 | 11/19 |

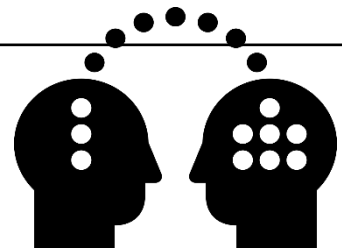
FRIDAY

| | | | |
|--------|-------------------------------|-------------|---------------------|
| FSS-01 | Hamilton | 2:00-4:00 | 9/25 |
| FSS-03 | Revolutionary War Archaeology | 10:00-12:00 | 10/2 |
| FSS-06 | Management of Stresses | 10:00-12:00 | 10/9 |
| FS-03 | Hikes | 9:30-12:00 | 10/16, 10/30, 11/13 |
| FSS-09 | Prudence Crandall's Legacy | 10:00-12:00 | 12/4 |

DID YOU KNOW

Did you know that every President except James Garfield and William Harrison have granted pardons to convicted felons during their term in office? Garfield and Harrison were not in office long enough to consider pardoning anyone. Here are a few notable pardons and historic facts:

- James Madison pardoned Baratarian Pirates Jean Lafitte and Pierre Lafitte after they helped defend New Orleans during the War of 1812.
- Abraham Lincoln pardoned 264 Dakota Indians who attacked white settlers in the Great Sioux Uprising of 1862.
- Richard Nixon pardoned Jimmy Hoffa convicted of fraud and bribery in 1964.
- Gerald Ford pardoned Iva Toguri D'Aquino ("Tokyo Rose"). She was the only World War II "treasonous" U.S. citizen to be pardoned.
- Jimmy Carter pardoned over 200,000 Vietnam War draft dodgers.
- Bill Clinton pardoned his brother Roger after he served a year in federal prison for cocaine possession.





ADULT LEARNING PROGRAM INC.

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What Is ALP?

ALP is a self-governing, non-profit organization composed largely of retired people who share a common interest in ongoing education. Members participate in courses presented by fellow members and guest lecturers on a variety of subjects. It is associated with the Department of Extension at the University of Connecticut and is one of more than 400 Lifelong Learning Institutes in Retirement affiliated with the Road Scholar Institute Network. Visit us at <http://alp.uconn.edu>.

Meeting Places

Seabury
200 Seabury Dr.
Bloomfield, CT

Duncaster
40 Loeffler Rd.
Bloomfield, CT

The McAuley
275 Steele Rd.
W. Hartford, CT

FALL PREVIEW MEETING

**Tuesday, September 15, 2020, 10:00–11:30
via Zoom Teleconferencing**

**Your opportunity to listen and talk to
the Presenters of ALP's fall semester courses and
learn about our new online registration system.**